



Universitat de Lleida

# DEGREE CURRICULUM **INTERVENTION IN VIOLENCE AGAINST WOMEN**

Coordination: CALERO FERNANDEZ, MA.ANGELES

Academic year 2023-24

## Subject's general information

Subject name	INTERVENTION IN VIOLENCE AGAINST WOMEN			
Code	14648			
Semester	2nd Q(SEMESTER) CONTINUED EVALUATION			
Typology	Degree	Course	Character	Modality
	Master's Degree in Gender's Studies and Management of Equality Policy	1	OPTIONAL	Virtual learning
Course number of credits (ECTS)	3			
Type of activity, credits, and groups	Activity type	PRAULA	TEORIA	
	Number of credits	1.8	1.2	
	Number of groups	1	1	
Coordination	CALERO FERNANDEZ, MA.ANGELES			
Department	PHILOLOGY AND COMMUNICATION			
Teaching load distribution between lectures and independent student work	75 hours of autonomous student work			
Important information on data processing	Consult <a href="#">this link</a> for more information.			
Language	Spanish 100%			

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
BARDINA MARTIN, YOLANDA	yolanda.bardina@udl.cat	3	
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## Subject's extra information

The figures of women who are in a relationship of violence are known. The most widespread effect by women is the gradual weakening of their own strengths, both cognitive, affective and health. In addition, most of the women in this relationship are dependent on children and therefore have the responsibility to be available for their care.

In this subject we will see the therapeutic intervention that is done when women who are in a relationship of violence reach the different services where they can attend.

Women are at very different times and in very different realities. And this is the great challenge of the professionals who receive them: to have the tools to reconvert the suffering they present in the strength they need.

## Learning objectives

Provide tools and resources to:

- 1. Detect indicators and risk factors in gender violence.**
- 2. Understand the process of violence and its effects on women in a comprehensive way.**
- 3. Prevent abusive relationships.**
- 4. Be aware of the difficulties that this kind of care entails for professionals involved.**

## Competences

### BASIC COMPETENCES

CB7\_Know how to apply the knowledge acquired and have the ability to solve problems in new or little known environments within broader (or multidisciplinary) contexts related to their area of study.

### GENERAL COMPETENCES

CG4\_Know how to critically analyze the cultural, social and political environment from a corpus or disciplinary knowledge. (Cognitive competence).

CG5\_Recognize and be able to use research methods in legal, human and social sciences. (Instrumental competence).

### SPECIFIC COMPETENCES

CE6\_Dominate the current legislation on gender and be able to evaluate its social implications.

CE7\_Be able to understand the mechanisms of gender violence.

CE8\_Be able to recognize and articulate responses to situations of discrimination and vulnerability towards women.

CE12\_Describe models of prevention of gender violence and intervention techniques with victims and evaluate them.

CE15\_Design, implement and evaluate awareness-raising actions against gender-based violence, prevention, victim protection and intervention.

CE16\_ Recognize situations of discrimination against women based on a corpus or gender studies and articulate an appropriate and effective response.

## Subject contents

1. What is a violent relationship: type, characteristics and stages?
2. Theoretical models of intervention in Gender Violence.
3. How women come to ask for help: psychic and physical state.
4. How to care for women who arrive: listening, empathy and unconditionality.
5. Tools to understand and empower women who come to a psychological care service.
6. Reasons that women express to continue with a partner that hurts them.
7. Effects and affects of the professionals that attend to these types of problems.

## Methodology

Throughout the course different teaching methodologies will be followed so that the student can achieve the contents of the subject in the best possible way. As it is an online subject, necessarily, among pedagogical tools are online tutorials, reading and analysis of documents, etc.

## Development plan

It will be indicated at the time in the SAKAI space of the subject.

## Evaluation

Evaluation based on 2 activities:

1. Myths about gender violence. Positioning and argumentation. (see doc Activity 1)
2. Practical case analysis. (see doc Activity 2)

## Bibliography

APARICI, Elvira i ESTARELLAS, C (2010). *Historias de Vida, historias de Violencia: Si mi pareja me hace daño, ¿por qué sigo con ella?* Barcelona. Ed. Aresta, Colección Intress.

BOWLBY John (1995). *Maternal Care and Mental Health. The master work series* (2ª ed. edición). Londres. Northvale, NJ.

EDEFUNDAZIOA. SERVICIO DE INVESTIGACIÓN SOCIAL (2012). *Mujeres víctimas de violencia de género: vivencias y demandas*. Publicaciones del gobierno basco.

HIRIGOYEN, Marie France. (1999). *El acoso moral. El maltrato psicológico en la vida cotidiana*. Barcelona. Ed. Paidós.

WOLF, Virginia. (1929). *Una habitación propia*. Barcelona. Seix Barral.

LORENTE Acosta, Miguel (2009): *Mi marido me pega lo normal. Agresión a la mujer: realidades y mitos*. Barcelona. Editorial Planeta.

MURUAGA, Soledad. y Pascual, Pilar. (2014): *Manual La salud mental de las mujeres: la Psicoterapia de Equidad Feminista*. Asociación Mujeres para la Salud. Madrid.

PINKOLA, Clarissa. (2009). *Mujeres que corren con los lobos*. Zeta Bolsillo.

SELIGMAN, Martin E. P. (1975). *Helplessness: On Depression, Development, and Death*. San Francisco: W. H. Freeman.

SAN SEGUNDO MANUEL, Teresa (Dir.) (2016): *A vueltas con la violencia: una aproximación multidisciplinar a la violencia de género*. Editorial Tecnos.

VELÁZQUEZ, Susana (2004): *Violencias cotidianas y violencia de género: escuchar, comprender, ayudar*. Ed. Paidós.

WALKER, Leonor E. (1979): *The battered woman*. New York: Harper & Row.

## Webs:

Observatori de la Igualtat de Gènere <http://dones.gencat.cat/ca/ambits/Observatori/>

Macroencuesta

<http://www.violenciagenero.igualdad.mpr.gob.es/violenciaEnCifras/macroencuesta2015/home.htm>