



DEGREE CURRICULUM

PSYCHOLOGICAL ASSESSMENT, DIAGNOSIS AND INTERVENTION IN ELDERLY PEOPLE

Coordination: AMADO CODONY, ANNA

Academic year 2023-24

Subject's general information

Subject name	PSYCHOLOGICAL ASSESSMENT, DIAGNOSIS AND INTERVENTION IN ELDERLY PEOPLE			
Code	14553			
Semester	1st Q(SEMESTER) CONTINUED EVALUATION			
Typology	Degree	Course	Typology	Modality
	Double degree: Master in General Health Psychology and Master in Neuropsychology	1	COMPULSORY	Blended learning
	Master's Degree in General Health Psychology	1	COMPULSORY	Attendance-based
Course number of credits (ECTS)	6			
Type of activity, credits, and groups	Activity type	PRAULA	TEORIA	
	Number of credits	1.8	4.2	
	Number of groups	1	1	
Coordination	AMADO CODONY, ANNA			
Department	PSICOLOGIA, SOCIOLOGIA I TREBALL SOCIAL			
Important information on data processing	Consult this link for more information.			

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
AMADO CODONY, ANNA	anna.amado@udl.cat	3	To be agreed by email. They can be in person and/or online.
CARNES I VENDRELL, ANNA	anna.carnes@udl.cat	3	To be agreed by email. They can be in person and/or online.

Learning objectives

1. Analyze the characteristics of aging in the different dimensions (physical, psychological, social and cognitive)
2. Know and know how to identify the main mood and sleep disturbances in older people
3. Have tools for psychological support in loss processes
4. Know and differentiate the different types of dementia
5. Design cognitive intervention programs for people with mild cognitive impairment and/or dementia
6. Design training programs aimed at caregivers of elderly dependent people, as well as psychological support programs for informal caregivers

Competences

1. Description and analysis of the processes of development and change in the elderly
2. Identification of the determinants of health and illness in the elderly
3. Analysis and interpretation of the results of the psychological assessment in elderly people
4. Analysis and interpretation of the results of the neuropsychological assessment in elderly people
5. Design of intervention programs for elderly people with mild cognitive impairment and/or dementia
6. Design of programs aimed at informal carers
7. Critical and reflective application of the knowledge and skills acquired in practical cases

Subject contents

1. The aging of the population: characteristics of physical, psychological, social and cognitive aging. Differences between normal and pathological aging. Comprehensive geriatric assessment
2. Attention focused on the person and quality of life
3. Characteristics and mood disorders in older people
4. Characteristics and sleep and eating disorders in the elderly
5. Sexuality and affectivity in older people
6. Maltreatment: good treatment as a prevention of bad practices in the care of the elderly
7. Support in the mourning process of the elderly and coping with one's own death
8. Mild cognitive impairment and dementia: concept and classification
9. Neuropsychological assessment in dementia
10. Characteristics of the main dementias: Alzheimer's disease, frontotemporal dementia, dementia with Lewy bodies, vascular dementia, dementia associated with Parkinson's, and dementia due to alcohol consumption
11. Neuropsychological intervention in people with mild cognitive impairment and/or dementia
12. Psychological support for the informal carer of people with dementia and/or a dependent situation
13. Ethical and legal aspects of care for elderly people with cognitive impairment. Advance will documents and euthanasia law.

Methodology

Presentation of content by the teacher, analysis and discussion of practical cases, conducting and analyzing interviews and evaluation tests in older people.

Development plan

The course will be developed in 12 school weeks, with a dedication of 5 hours a week, distributed as follows:

MONDAY 15 to 17: 30h face-face

THURSDAY 15 to 17: 30h face-face

Evaluation

The continuous assessment will consist of four blocks:

BLOCK 1: Practical exercises from subjects 1 to 7 (30%)

- Assessment activity 1: Reading a scientific article and disseminating the main ideas (10%)
- Evaluation activity 2: Reflection on a practical case (10%)
- Evaluation activity 3: Realization and analysis of a Role-playing situation (10%)

BLOCK 2: Practical exercises from subjects 8 to 13 (30%)

- Assessment activity 1: Critical reading of a scientific article (10%)
- Evaluation activity 2: Analyzes of a film (10%)
- Evaluation activity 3: Evaluation and intervention of the real or fictitious case (10%)

BLOCK 3: Written test (30%)

- Assessment activity 1: Written exam syllabus from 1 to 7 (15%)
- Evaluation activity 2: Written exam syllabus from 8 to 13 (15%)

BLOCK 4: Attendance at classes (10%)

- Assessment activity 1: attendance at a minimum of 80% of the course's classes

The final mark of the subject is the sum of the marks of the four blocks. A minimum of 5 points is required in the final grade to pass the subject.

In order to pass the subject and add up the grade of the four blocks, the average of each of the first three blocks must be approved.

The dates of the different assessment activities of the first two blocks will be provided at the beginning of the subject, since they will be face-to-face in the classroom

The alternative assessment will consist of three blocks:

Students who wish to do so will have the right to waive continuous assessment at the beginning of the semester and opt for the single assessment method. To do so, you must submit an application to the secretariat within the set deadline and provide supporting documentation of work activity and/or other personal situations.

BLOCK 1: Practical exercises from subjects 1 to 7 (30%)

- Assessment activity 1: Reading a scientific article and disseminating the main ideas (10%)
- Evaluation activity 2: Reflection on a practical case (10%)
- Evaluation activity 3: Realization and analysis of a Role-playing situation (10%)

BLOCK 2: Practical exercises from subjects 8 to 13 (30%)

- Assessment activity 1: Critical reading of a scientific article (10%)
- Evaluation activity 2: Analyzes of a film (10%)
- Evaluation activity 3: Evaluation and intervention of the real or fictitious case (10%)

BLOCK 3: Written test (40%)

- Assessment activity 1: Written exam syllabus from 1 to 7 (20%)
- Evaluation activity 2: Written exam syllabus from 8 to 13 (20%)

The final mark of the subject is the sum of the marks of the three blocks. A minimum of 5 points is required in the final grade to pass the subject.

In order to pass the subject and add up the grade of the three blocks, the average of each of the first two blocks must be approved.

The dates of the different assessment activities of the first two blocks will be provided at the beginning of the subject, and must be online form on the same day that continuous assessment students do it face-to-face in the classroom.

Bibliography

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