



Universitat de Lleida

DEGREE CURRICULUM
**TEACHING AND LEARNING -
PHYSICAL EDUCATION**

Coordination: LORENTE CATALÁN, ELOISA

Academic year 2022-23

Subject's general information

Subject name	TEACHING AND LEARNING - PHYSICAL EDUCATION			
Code	14304			
Semester	ANUAL CONTINUED EVALUATION			
Typology	Degree	Course	Character	Modality
	Master's Degree in Secondary Education Teacher, Training and Language Teaching	1	OPTIONAL	Blended learning
Course number of credits (ECTS)	12			
Type of activity, credits, and groups	Activity type	PRAULA	TEORIA	
	Number of credits	2	10	
	Number of groups	2	2	
Coordination	LORENTE CATALÁN, ELOISA			
Department	k			
Important information on data processing	Consult this link for more information.			

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
CHALONS FONT, ANNA	ana.chalons@udl.cat	11	
HILENO GONZALEZ, RAUL	rhileno@inefc.es	2	
LORENTE CATALÁN, ELOISA	elorente@inefc.es	8	
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Learning objectives

1. Defend the formative value of Physical Education with solid and well founded arguments.
2. Critically analyze the context of the current PE.
3. Identify different PE pedagogical models.
4. Know the procedure to access the profession of Physical Education teacher.
5. Identify the organization and functions of the EF department.
6. Design PE programmes in compulsory and non compulsory education according to the indications given in the master.
7. Defend a didactic program in a mock opposition.
9. Manage a Physical Education session where the objectives and the programmed competencies are developed.
9. Evaluate the competencies and objectives of the ESO, Baccalaureate and Professional Modules using instruments that guarantee the quality and rigor of the information.
10. Reflect to innovate in the teaching of Physical Education.

Competences

SPECIFIC COMPETENCES -

(E1) Know the theoretical-practical development of the education and the learning of the Physical Education. - (E2) Transform the CVs into programs of activities and of work. - (E3) Acquire criteria of selection and elaboración of

educational materials. - (E4) Promote a climate that facilitates learning and highlights the contributions of students. - (E5) Integrate the training in audiovisual and multimedia communication in the process of education-learning. - (E6) Know strategies and techniques of evaluation and understand the evaluation like an instrument of regulation and stimulus to the effort.

CROSS-DISCIPLINARY OR GENERIC COMPETENCES - (G1) Teamwork and interdisciplinary teams - (G2) Oral and written communication. - (G3) Capacity for analysis and synthesis. - (G4) Capacity for organisation and planning. - (G5) Ability to manage information - (G6) Critical and self-critical capacity. - (G8) Application of the TIC in the professional exercise. - (G9) Problem solving - (G12) Ability to design and manage a project.

Subject contents

1. The formative value of Physical Education in today's society.
2. The current context of Physical Education. Various problems. The status of PE.
3. The Department of PE: functions and competencies. The role of the PE teacher within the department.
4. Curriculum theories and models in PE
5. The design of the PE curriculum: from stage programming to classroom programming.
6. The evaluation of School Physical Education.
7. The Physical Education session: need for a specific didactic. Preparation and organization of the session.
8. The regulation of the session: reflective practice.
9. Management of the interaction between teachers and students
10. Teaching styles and learning strategies in School Physical Education
11. Application of ICT to School Physical Education.