



Universitat de Lleida

DEGREE CURRICULUM  
**THEORETICAL FOUNDATIONS  
OF THE EDUCATION FOR THE  
HEALTH**

Coordination: ALZURIA ALOS, ROSA MAR

Academic year 2023-24

## Subject's general information

<b>Subject name</b>	THEORETICAL FOUNDATIONS OF THE EDUCATION FOR THE HEALTH			
<b>Code</b>	14059			
<b>Semester</b>	1st Q(SEMESTER) CONTINUED EVALUATION			
<b>Typology</b>	Degree	Course	Character	Modality
	Master's Degree in Health Education	1	COMPULSORY	Attendance-based
<b>Course number of credits (ECTS)</b>	8			
<b>Type of activity, credits, and groups</b>	<b>Activity type</b>	PRAULA	TEORIA	
	<b>Number of credits</b>	4	4	
	<b>Number of groups</b>	1	1	
<b>Coordination</b>	ALZURIA ALOS, ROSA MAR			
<b>Department</b>	NURSING AND PHYSIOTHERAPY			
<b>Teaching load distribution between lectures and independent student work</b>	<p>Face-to-face (the percentages associated with each of the activities are calculated on 100%):</p> <ul style="list-style-type: none"> <li>- Lectures 25%.</li> <li>- Proposal, presentation and discussion of specific cases by the students 25%.</li> <li>- Regular support, advice and follow-up sessions for the cohesion of the program as well as for its preparation and presentation 25%.</li> <li>- Seminars 25%.</li> </ul> <p>Independent work (the percentages associated with each of the activities are calculated on 100%):</p> <ul style="list-style-type: none"> <li>- Readings 20%.</li> <li>- Master's thesis project 45%.</li> <li>- Study and resolution of cases and problems 35%.</li> </ul>			
<b>Important information on data processing</b>	Consult <a href="#">this link</a> for more information.			
<b>Language</b>	Catalan – Spanish– English.			
<b>Distribution of credits</b>	This subject belongs to Module I: Basics. The subject consists of 8 ECTS and corresponds to the first semester. Throughout the course, 40% face-to-face activities and 60% non-face-to-face activities will be carried out.			

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
ALZURIA ALOS, ROSA MAR	rosamar.alzuria@udl.cat	1,8	
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## Learning objectives

- Analyze, reflect and deepen in each of the theoretical concepts related to Health Education (HE).
- Integrate and systematize the basic concepts of HE.
- Provide a global and integrative view of the HE.
- Know the theories and models to conceptualize the HE intervention processes.
- Analyze the multidisciplinary nature of the HE.

## Competences

### General competences:

- CG1. Knowledge of the scientific, theoretical and methodological foundations of the HE.

### Specific Competences:

- CE1. Integrate knowledge and advances from the HE in their professional performance with a reflective and critical attitude.
- CE2. Select and use theories and models to conceptualize the intervention processes in HE.

### Crosswise competence:

- CT5. Apply gender perspective to existing knowledge about health-disease-mortality processes.

Learning outcomes:

- Identify gender biases in existing knowledge about health-disease-mortality processes.
- Know the concepts of gender related to the health sciences, identifying the importance for health of gender identity, roles and sociocultural beliefs in women and men.

## Subject contents

The subject is structured around two main topics:

- Scientific foundations of Health Education (HE).
- The EpS professional
  - Models and paradigms in HE.
  - Multidisciplinary orientation: Psychology, Pedagogy, History, Anthropology, Economics, Ethics, Health Sciences (Nursing, Medicine, Epidemiology, Public Health).

## Methodology

The course includes 8 ECTS credits:

	<b>In-class activities</b>	<b>Study hours</b>	<b>Attendance percentage</b>	<b>Attendance percentage (calculated on 100%)</b>
1	Lectures	20 h	10 %	25 %
2	Presentation and discussion of specific cases by the students	20 h	10 %	25 %
3	Regular support, advice and follow-up sessions for the cohesion of the program as well as for its preparation and presentation	20 h	10 %	25 %
4	Seminars	20 h	10 %	25 %
		<b>80 h</b>	<b>40 %</b>	<b>100 %</b>

	<b>Independent study</b>	<b>Scheduled hours</b>	<b>Percentage</b>	<b>Percentage (calculated on 100 %)</b>
1	Readings	24 h	12 %	20 %
2	Master's thesis project	54 h	27 %	45 %
3	Study and resolution of cases and problems	42 h	21 %	35 %
		<b>120 h</b>	<b>60 %</b>	<b>100 %</b>

## Development plan

The development of the course is available in the Virtual Campus, where it is specified in detail, the organization of the methodological topics, the description of the workshops (instructor, objectives and content), the schedule and the assessment activities (including due dates).

**In-class sessions will take place in the Faculty of Nursing and Physiotherapy at the Lleida Campus. In case of punctual change of location, students will be notified in advance.**

The sessions can be recorded, for this reason *the University of Lleida (UdL) informs that, for teaching purposes, will record images that identify students and other people who participate in academic activities. The responsible person for processing these images is the UdL (contact details of the representative: Secretaria General. Plaça de Víctor Siurana, 1, 25003 Lleida, [sg@udl.cat](mailto:sg@udl.cat); contact details of the data protection officer: [dpd@udl.cat](mailto:dpd@udl.cat)).*

*These images are only used for teaching, assessing subject's knowledge and for teaching improvement projects. The use of the images responds to the legal obligation of the UdL to teach and improve university teaching, in accordance with Organic Law 6/2001, of 21 December, on universities.*

*The images, once recorded, are kept at least as long as they do not prescribe the corresponding actions and claims against the evaluation approved by the teacher. They are destroyed in the terms and conditions provided for in the regulations on the conservation and disposal of the administrative documents of the UdL, and the document evaluation tables approved by the Generalitat de Catalunya (<http://www.udl.cat/ca/serveis/arxiu/>).*

*The UdL will never communicate this data to third parties, except in the cases strictly provided for in the Law. Interested people can access to their images; request rectification, deletion or portability; oppose the treatment and request its limitation, by writing to the address [dpd@udl.cat](mailto:dpd@udl.cat). They can also submit a complaint addressed to the Catalan Data Protection Authority, through the electronic headquarters of the Authority (<https://seu.apd.cat>) or by non-electronic media.*

## Evaluation

### EVALUATION BLOCKS/AXES:

Evaluation systems	Weighting
Attendance and active participation in seminars, workshops and in-class sessions	50 %
Elaboration of work and group activities	20 %
Resolution of cases	20 %
Analysis, review and presentation of scientific documentation	10 %

### Evaluation activities:

- Attendance and active participation in seminars, workshops and in-class sessions 50%:
  - Presentation and creative defense of the designed Health Education Program 10%.
  - Evaluation of the collaborative work process and the result obtained 10%.
  - Attendance and active participation 30%.
- Elaboration of assignments and group activities 20%:
  - Design and presentation of the Health Education Program designed 10%.
  - Critical analysis of the designed Health Education program 10%.
- Case resolution 20%:
  - Analysis and application of ICT in activities integrated into a Health Education program.
- Analysis, review and presentation of scientific documentation 10%:
  - Identification and analysis of articles in which, in each of them, a methodological instrument is used for the design and implementation of a Health Education program. Peer assessment (intragroup/between groups).

### CONSIDERATIONS

#### General:

- Please consult the Plagiarism and Academic Honesty Guide of the Faculty of Nursing and Physiotherapy of the University of Lleida: <https://www.fif.udl.cat/ca/estudis/normativa/>
- Regarding the environment: only papers submitted electronically will be accepted. It is not necessary to hand them in on paper or to bind them.
- Consult the Regulations for the Assessment and Grading of Learning in Degrees and Master's Degrees at the UdL (approved by Agreement 33/2020 of the Consell de Govern of 18.02.2020 and modified by agreement 235/2022 of the Consell de Govern of 21.07.2022, modified by agreement 36/3034 of the Consell de Govern of 28.02.2023 and modified by agreement 187/2023 of the Consell de Govern of 29.06.2023): <https://www.udl.cat/ca/udl/norma/ordenaci-/>
- Due to the characteristics of the subject, a single assessment is not envisaged.

#### Delivery and evaluation of activities:

- As for the delivery of activities, they will have to be posted in the Activities section of the Virtual Campus before the date set by the teacher.
- Only activities submitted within the deadline will be assessed. If this deadline is exceeded, the activities will be evaluated and feedback will be provided to students, with a score of 0 out of 10.
- As established in article "4.1. Continuous assessment" of the Regulations on the Assessment and Grading of Learning in the UdL Bachelor's and Master's Degrees and Master's Degrees, "**Assessment in UdL studies is a continuous process** within the teaching period established for teaching the subject, in accordance with the sequencing of the syllabus and the academic calendar. Continuous assessment is understood as the set of activities of an assessable nature indicated in the teaching guide that are developed in a progressive and integrated manner during the academic year and that must be relevant and significant to assess and quantify the progress of students in achieving the knowledge, skills and abilities that make up the specific and defining competences of the subject or subject. The aim of continuous assessment is for the student to be able to know their progress throughout the training process to enable them to improve it".
- There is the opportunity to present a voluntary and optional activity (**pedagogical contract**) which will be evaluated and may increase the final mark of the subject up to a maximum of 0.5 tenths, taking into account the learning objectives linked to it.
- The teaching staff reserves the right to ask students to carry out any complementary activity, taking into account ethical issues of academic quality.
- With regard to the **plagiarism** policy: assigning authorship of a work that is not one's own implies a failure of that assessment activity.

#### Qualification of activities and subject:

- In the event that the student does not hand in the activity, it will be considered as not having been done in an unjustified way and therefore, he/she will get a 0 out of 10 in the grade. In the event that the activity includes or is based on the work done in the classroom session and the student has justified his/her absence, he/she must hand in another compensatory activity of the contents worked on in the same session.
- All grades are published individually in the **grading** tool of the subject. According to article "12.1. Results of the assessment activities and final grade" of the Regulations on the Assessment and Grading of Learning in the Bachelor's and Master's Degrees at the UdL, "lecturers must publish the results of the assessment activities - in the case of continuous assessment - no later than fifteen working days after their completion and, at least, two working days before the make-up exam. Students have the right to review the results of the assessment activity".
- As stated in article "4.5. Continuous assessment" of the Regulations for the Assessment and Grading of Learning in Degrees and Master's Degrees at the UdL, "in the event that the student does not achieve the minimum grade established in any of the assessment blocks, but the average for the subject is passed, the subject will be graded in the transcript with a 4.9".
- Those students who obtain a final mark of 9.0 points or more will be eligible for the qualification of Honours. The number of **Honours Grades** awarded will be in accordance with what is detailed in the Regulations for the Assessment and Grading of Learning in Degrees and Master's Degrees at the UdL.

#### Recovery:

- As stated in article "4.5. Continuous assessment" of the Regulations on the Assessment and Grading of Learning in the Bachelor's and Master's Degrees at the UdL, students "have the right to **recover** any **block of assessment equal to or greater than 30% of the final grade** in a subject or subject, except for the practices of the subject and **activities that, by their nature, cannot be repeated within the same course**".
- Therefore, with regard to attendance and participation in face-to-face classes, there will be no right to recover that percentage of the mark in the case of a failed grade, since, due to their nature, classes cannot be repeated within the same course.

#### **Attendance at face-to-face classes and justification for absences:**

- In relation to the **justification of absences**, the reasons for which the absence is considered to be justified will be the same as those set out in article "9.8. Development of assessment activities" in the Regulations for the Assessment and Grading of Learning in the Degrees and Masters at the UdL, "the student who cannot attend the assessment activities that are listed and scheduled in the teaching guide of the subject -or, or, where appropriate, on the website of the bachelor's or master's degree, or in the final exams, for any of the reasons set out below, shall be entitled to have the lecturer responsible for the subject set a new date, after hearing the student, so that he/she can carry it out properly":
  - a. Due to illness, which must be duly justified by a medical certificate.
  - b. Due to coincidence, on the day and time, with another assessment procedure of a subject of an official bachelor's or master's degree taught at the UdL.
  - c. Due to the death of a direct relative up to the second degree of consanguinity and up to the first degree of affinity, occurring within the seven days prior to the scheduled date of the evaluation test.
  - d. Coincidence with official activities of high-level and high-performance athletes, both national and international.
  - e. For coincidence on the same day with meetings of the governing and representative bodies of the University, for students who carry out student representation tasks, with prior justification of this fact to the lecturer responsible.
  - f. Absence as a consequence of participation in an official student mobility process.
  - g. In the case of students of the UdLxTothom Programme with a chronic or acute illness, when the student requests and accredits that it will not be possible to deliver or carry out an evaluation activity of the subject on the scheduled date due to a chronic or acute illness, the deadline for delivery or scheduling of the evaluation activity will be extended for a minimum of ten days and at most until the last day of evaluation of the semester.
  - h. In other cases that can be justified and assessed by the Centre's Studies Commission.
- The justification of absences must be done via message through the tool and the space of the subject in the Virtual Campus and requests for justification of absences that involve non-attendance in a seminar will have to be submitted, at the latest, within 7 days.
- In general, students will only be excused for absence, but not for failure to fulfil their academic commitments.

## **Bibliography**

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