

# PROGRAMS AND STRATEGIES OF INTERVENTION GRUPAL AND COMMUNITY PARTICIPATION FOR

**EDUCATION FOR HEALTH** 

Coordination: SELVA PAREJA, LAIA

Academic year 2022-23

# Subject's general information

Subject name	PROGRAMS AND STRATEGIES OF INTERVENTION GRUPAL AND COMMUNITY PARTICIPATION FOR EDUCATION FOR HEALTH					
Code	14055	FOR EDUCATION	TON HEAL	.1П		
Semester	ANUAL CONTINUED EVALUATION					
Typology						
турогоду	Degree	Course Chara			aracter	Modality
	Master's Deg	er's Degree in Health cation		CC	MPULSORY	Attendance- based
Course number of credits (ECTS)	10					
Type of activity, credits, and groups	Activity type	PRAULA 5		TEORIA		
	Number of credits			5		
	Number of groups			1		
Coordination	SELVA PAREJA, LAIA					
Department	NURSING AND PHYSIOTHERAPY					
Teaching load distribution between lectures and independent student work	Face-to-face (the percentages associated with each of the activities are calculated on 100%):  - Lectures 10%.  - Regular support, advice and follow-up sessions for the cohesion of the program as well as for its preparation and presentation 25%.  - Seminars, group dynamics and participation 65%.  Independent work (the percentages associated with each of the activities are calculated on 100%):  - Readings 20%.  - Master's thesis project 45%.  - Studies and resolution of cases and problems 35%.					
Important information on data processing	Consult this link for more information.					
Language	Catalan – Spanish– English.					
Distribution of credits	This subject belongs to Module III: Master's intervention. The subject consists of 10 ECTS and is annual.  Throughout the course, 40% face-to-face activities and 60% non-face-to-face activities will be carried out.					

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
ARTIGUES BARBERA, EVA MARIA	eva.artigues@udl.cat	,5	
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SERRA ESCARP, OLGA	olga.serra@udl.cat	3	

## Learning objectives

- Analyze the impact of Health Education on changes in citizens' lifestyles and their environment.
- Promote a critical attitude towards Health Education.
- Strengthen communication and teamwork skills.
- Design, execute and evaluate intervention and community participation programs at different levels and fields.
- Know and apply group intervention methodologies and techniques.

## Competences

#### General competences:

- CG8. Knowing how organizations work and how to engage and collaborate with them.
- CG9. Lead capacity and competence to communicate to decision makers the role, function and benefits of Health Education when planned and carried out effectively.
- CG10. Teamwork.

#### **Specific Competences:**

• CE16. Integrate interdisciplinary teams to develop, coordinate, execute and evaluate Health Education programs and projects in the different areas of their professional tasks.

#### Subject contents

- Group Analysis and Management:
  - · Self-help groups, social networks.
  - Methodology and evaluation of group work
- Teamwork:
- The Role of the coordinator.
- Efficient teams.
- Competences and social skills in group and community intervention.
- · Areas of intervention.
- Specialized intervention.
- Intervention scenarios.
- Participation strategies.

### Methodology

The course includes 10 ECTS credits:

	In-class activities	Study hours	Attendance percentage	Attendance percentage (calculated on 100%)
1	Lectures	10 h	4 %	10 %
2	Regular support, advice and follow-up sessions for the cohesion of the program as well as for its preparation and presentation	25 h	10 %	25 %
3	Seminars, group dynamics and participation	65 h	26 %	65 %
		100 h	40 %	100 %

	Independent study	Scheduled hours	Percentage	Percentage (calculated on 100 %)
1	Readings	30 h	12 %	20 %
2	Master's thesis project	67,5 h	27 %	45 %
3	Study and resolution of cases and problems	52,5 h	21 %	35 %
		150 h	60 %	100 %

#### Development plan

The development of the course is available in the Virtual Campus, where it is specified in detail, the organization of the methodological topics, the description of the workshops (instructor, objectives and content), the schedule and the assessment activities (including due dates).

In-class sessions will take place in the Faculty of Nursing and Physiotherapy at the Lleida Campus. In case of punctual change of location, students will be notified in advance.

The sessions can be recorded, for this reason the University of Lleida (UdL) informs that, for teaching purposes, will record images that identify students and other people who participate in academic activities. The responsible person for processing these images is the UdL (contact details of the representative: Secretaria General. Plaça de Víctor Siurana, 1, 25003 Lleida, sg@udl.cat; contact details of the data protection officer: dpd@udl.cat).

These images are only used for teaching, assessing subject's knowledge and for teaching improvement projects. The use of the images responds to the legal obligation of the UdL to teach and improve university teaching, in accordance with Organic Law 6/2001, of 21 December, on universities.

The images, once recorded, are kept at least as long as they do not prescribe the corresponding actions and claims against the evaluation approved by the teacher. They are destroyed in the terms and conditions provided for in the regulations on the conservation and disposal of the administrative documents of the UdL, and the document evaluation tables approved by the Generalitat de Catalunya (<a href="http://www.udl.cat/ca/serveis/arxiu/">http://www.udl.cat/ca/serveis/arxiu/</a>).

The UdL will never communicate this data to third parties, except in the cases strictly provided for in the Law. Interested people can access to their images; request rectification, deletion or portability; oppose the treatment and request its limitation, by writing to the address <a href="mailto:dpd@udl.cat">dpd@udl.cat</a>. They can also submit a complaint addressed to the Catalan Data Protection Authority, through the electronic headquarters of the Authority (<a href="https://seu.apd.cat">https://seu.apd.cat</a>) or by non-electronic media.

#### **Evaluation**

Assignments need to be submitted to the "Activities" section of the Virtual Campus before their due date. In the case any assignment is not submitted it will then count as not done and, therefore, it's grade will be 0. If the assignment is supposed to be done or integrated in an in-class section and the student has previously justified his/her absence, he/she will need to submit an alternative assignment to compensate for it.

#### Assessment topics:

Evaluation systems	Weighting	
Attendance and active participation in-class seminars, workshops and classes	50 %	
Elaboration of assignments and group activities	50 %	

#### **Evaluation activities:**

- Elaboration of work and group activities 50%.
  - Design of a group activity with different workshops included in a Health Education program 30%.
  - · Case resolution (Do-Think-Feel cards) 20%.
- Attendance and active participation in seminars, workshops and in-class sessions 50%
- Attendance and active participation in in-class sessions 20%.
- Participation in discussion forums: design of a group activity 10%.
- Participation in discussion forums: content analysis and review on groups 20%.

#### Other evaluation considerations:

- Attendance is mandatory; absence will only be allowed for 20% of the classes as long as it is justified:
  - In relation to absence justifications, the reasons for which the absence is considered to be justified, will be the same as those stated in the Regulations for Assessment and Qualification of Teaching in Degrees and Masters at the UdL for failure to attend the assessment tests scheduled in the teaching guide or on the degree website.
  - Requests for justification of absences that involve not appearing at a workshop must be submitted within the following 7 days at the latest.

- In general, the student will only be excused the absence, but not the lack of compliance with their academic commitments.
- Due to the characteristics of the course, the possibility of a single assessment is not contemplated.
- You have the right to improve the grade for any assessment activity equal to or greater than 30% of the final grade in a subject or subject. However, attendance and participation will not be changed in case it is suspended, since the attendance of each individual workshop will not have a weighting greater than 30% in the final grade.
- The student will be classified as **not presented** as long as the assessment activities delivered do not exceed 30% of the total grade of the subject.
- You must pass each of the topics individually (with a **minimum grade of 5** out of 10) so that the average can be calculated. In the event that one of the parts is not passed, the course will be suspended.
- The opportunity is offered to present a voluntary and optional activity (**pedagogical contract**) that will be evaluated and may raise the final mark of the subject up to a maximum of 0.5 tenths taking into account the related learning objectives.
- The teaching staff reserves the right to ask students to prepare any complementary activity that addresses ethical issues of academic quality.
- Regarding **plagiarism** policy: assigning the authorship of a work that is not one's own implies a suspension of that evaluation activity.
- Regarding respect for the **environment**: only works delivered electronically will be accepted. They do not need to be delivered on paper.
- Those students who obtain a final grade of the subject equal to or higher than 9.0 points will be candidates for the Graduate with Honors qualification. The number of MH awarded will be in relation to what is detailed in the Regulations for the Evaluation and Qualification of Teaching in Degrees and Masters at the UdL.