



Universitat de Lleida

DEGREE CURRICULUM  
**METHODOLOGICAL  
FOUNDATIONS OF THE  
EDUCATION FOR THE HEALTH**

Coordination: GOMEZ SANTOS, SANTIAGO FELIPE

Academic year 2022-23

## Subject's general information

Subject name	METHODOLOGICAL FOUNDATIONS OF THE EDUCATION FOR THE HEALTH			
Code	14053			
Semester	1st Q(SEMESTER) CONTINUED EVALUATION			
Typology	Degree	Course	Character	Modality
	Master's Degree in Health Education	1	COMPULSORY	Attendance based
Course number of credits (ECTS)	8			
Type of activity, credits, and groups	Activity type	PRAULA		TEORIA
	Number of credits	4		4
	Number of groups	1		1
Coordination	GOMEZ SANTOS, SANTIAGO FELIPE			
Department	NURSING AND PHYSIOTHERAPY			
Teaching load distribution between lectures and independent student work	<p>Face-to-face (the percentages associated with each of the activities are calculated on 100%):</p> <ul style="list-style-type: none"><li>- Presentation and discussion of specific cases by the students 25%.</li><li>- Regular support, advice and follow-up sessions for the cohesion of the program as well as for its preparation and presentation 25%.</li><li>- Seminars 25%.</li></ul> <p>Independent work (the percentages associated with each of the activities are calculated on 100%):</p> <ul style="list-style-type: none"><li>- Readings 20%.</li><li>- Master's thesis project 45%.</li><li>- Study and resolution of cases and problems 35%.</li></ul>			
Important information on data processing	Consult <a href="#">this link</a> for more information.			
Language	Catalan – Spanish– English.			
Distribution of credits	<p>This subject belongs to Module II: Methodology. The subject consists of 8 ECTS and corresponds to the first semester.</p> <p>Throughout the course, 40% face-to-face activities and 60% non-face-to-face activities will be carried out.</p>			

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
ESPART HERRERO, ANNA	anna.espart@udl.cat	1,4	
GOMEZ SANTOS, SANTIAGO FELIPE	santiagofelipe.gomez@udl.cat	2,7	
MASOT ARIÑO, OLGA	olga.masot@udl.cat	2,6	
MERCADER GARCIA, CLARA	clara.mercader@udl.cat	1,3	
SELVA PAREJA, LAIA	laia.selva@udl.cat	0	

## Learning objectives

- Know the methods of Health Education through a theoretical-practical vision.
- Analyze the impact of Health Education on lifestyles changes of citizens and their environment.
- Encourage a critical attitude in Health Education.
- Provide capability to be able to implement and evaluate Health Education projects / programs.
- Create a Health Promotion and Education program applicable to daily activities.
- Design, execute and evaluate intervention and community participation programs at different levels and areas.
- Apply specific methodologies (PRECEDE-PROCEED, I. Mapping, etc).
- Promote and carry out research projects in the field of Health Promotion and Education.

## Competences

### General competences:

- CG1. Knowledge of the scientific, theoretical and methodological foundations of the EpS.
- CG1. Know the scientific, theoretical and methodological foundations of Health Promotion and Education: epidemiology (especially social and behavioral), community development and organization, social, behavioral, educational and communication theory, and educational processes and methods and of social change).
- CG2. Ability to obtain data on individual and population needs and interests, including information on social and economic conditions and the cultural environment.
- CG5. Ability to manage human and financial resources to plan, carry out and evaluate programs.
- CG6. Ability to plan Health Education programs involving various sectors of society, including cross-sectoral collaboration, effective management and coordination of multiple organizations and groups in the planning process.

## Specific Competences:

- CE12. Design, plan, execute and evaluate intervention and community participation programs at different levels and areas.

## Subject contents

- Scientific evidence in Health Education:
  - Systematized reviews of the scientific literature in order to establish the methodological foundations of Health Education programs.
  - Different levels of evidence that can be generated with specific methodologies and based on Health Education programs.
- Individual, group, and community programs:
  - Appropriate methodological foundation for individual, group, and community programs.
- Design, planning, implementation, and evaluation of Health Education programs:
  - In-depth knowledge of phases I, II and III of the PRECEDE-PROCEED model that allows the incorporation of methodological tools that facilitate the design, planning, implementation and evaluation of programs in Health Education.
  - Application of qualitative methodology in each stage of the evaluation of programs in Health Education.

## Methodology

The course includes 8 ECTS credits:

	<b>In-class activities</b>	<b>Study hours</b>	<b>Attendance percentage</b>	<b>Attendance percentage (calculated on 100%)</b>
1	Presentation and discussion of specific cases by the students	40 h	20 %	50 %
2	Regular support, advice and follow-up sessions for the cohesion of the program as well as for its preparation and presentation	20 h	10 %	25 %
3	Seminars	20 h	10 %	25 %
		<b>80 h</b>	<b>40 %</b>	<b>100 %</b>

	<b>Independent study</b>	<b>Scheduled hours</b>	<b>Percentage</b>	<b>Percentage (calculated on 100 %)</b>
1	Readings	24 h	12 %	20 %
2	Master's thesis project	54 h	27 %	45 %
3	Study and resolution of cases and problems	42 h	21 %	35 %
		<b>120 h</b>	<b>60 %</b>	<b>100 %</b>

## Development plan

The development of the course is available in the Virtual Campus, where it is specified in detail, the organization of the methodological topics, the description of the workshops (instructor, objectives and content), the schedule and the assessment activities (including due dates).

**In-class sessions will take place in the Faculty of Nursing and Physiotherapy at the Lleida Campus. In case of punctual change of location, students will be notified in advance.**

The sessions can be recorded, for this reason the University of Lleida (UdL) informs that, for teaching purposes, will record images that identify students and other people who participate in academic activities. The responsible person for processing these images is the UdL (contact details of the representative: Secretaria General. Plaça de Víctor Siurana, 1, 25003 Lleida, [sg@udl.cat](mailto:sg@udl.cat); contact details of the data protection officer: [dpd@udl.cat](mailto:dpd@udl.cat)).

These images are only used for teaching, assessing subject's knowledge and for teaching improvement projects. The use of the images responds to the legal obligation of the UdL to teach and improve university teaching, in accordance with Organic Law 6/2001, of 21 December, on universities.

The images, once recorded, are kept at least as long as they do not prescribe the corresponding actions and claims against the evaluation approved by the teacher. They are destroyed in the terms and conditions provided for in the regulations on the conservation and disposal of the administrative documents of the UdL, and the document evaluation tables approved by the Generalitat de Catalunya (<http://www.udl.cat/ca/serveis/arxiu/>).

The UdL will never communicate this data to third parties, except in the cases strictly provided for in the Law. Interested people can access to their images; request rectification, deletion or portability; oppose the treatment and request its limitation, by writing to the address [dpd@udl.cat](mailto:dpd@udl.cat). They can also submit a complaint addressed to the Catalan Data Protection Authority, through the electronic headquarters of the Authority (<https://seu.apd.cat>) or by non-electronic media.

## Evaluation

Assignments need to be submitted to the "Activities" section of the Virtual Campus before their due date. In the case any assignment is not submitted it will then count as not done and, therefore, it's grade will be 0. If the assignment is supposed to be done or integrated in an in-class section and the student has previously justified his/her absence, he/she will need to submit an alternative assignment to compensate for it.

### Assessment topics:

Sistemes d'avaluació	Weighting
Attendance and active participation in online and in-class seminars, workshops and classes	50 %
Design and presentation of educational material in Health Education	25 %
Presentation and discussion of evaluations of educational materials in Health Education already designed	25 %

### Evaluation activities:

- Attendance and active participation in seminars, workshops and in-class sessions 50%:
  - Attendance and active participation in the course sessions 30%.
  - Analysis of an article assignment 20%.
- Elaboration of assignments and group activities 25%:
- Planning a Health Education Program following the PRECEDE model.
- Planning a Health Education Program following the PRECEDE model.
- Resolution of cases and problems 25%.

### Other evaluation considerations:

- Attendance is **mandatory**; absence will only be allowed for 20% of the classes as long as it is justified:
  - In relation to absence justifications, the reasons for which the absence is considered to be justified, will be the same as those stated in the Regulations for Assessment and Qualification of Teaching in Degrees and Masters at the UdL for failure to attend the assessment tests scheduled in the teaching guide or on the degree website.
  - Requests for justification of absences that involve not appearing at a workshop must be submitted within the following 7 days at the latest.
  - In general, the student will only be excused the absence, but not the lack of compliance with their academic commitments.
- Due to the characteristics of the course, the possibility of a single assessment is not contemplated.
- You have the right to improve the grade for any assessment activity equal to or greater than 30% of the final grade in a subject or subject. However, attendance and participation will not be changed in case it is suspended, since the attendance of each individual workshop will not have a weighting greater than 30% in the final grade.
- The student will be classified as **not presented** as long as the assessment activities delivered do not exceed 30% of the total grade of the subject.
- You must pass each of the topics individually (with a **minimum grade of 5** out of 10) so that the average can be calculated. In the event that one of the parts is not passed, the course will be suspended.
- The opportunity is offered to present a voluntary and optional activity (**pedagogical contract**) that will be evaluated and may raise the final mark of the subject up to a maximum of 0.5 tenths taking into account the related learning objectives.
- The teaching staff reserves the right to ask students to prepare any complementary activity that addresses ethical issues of academic quality.
- Regarding **plagiarism** policy: assigning the authorship of a work that is not one's own implies a suspension of that evaluation activity.
- Regarding respect for the **environment**: only works delivered electronically will be accepted. They do not need to be delivered on paper.
- Those students who obtain a final grade of the subject equal to or higher than 9.0 points will be candidates for the Graduate with Honors qualification. The number of MH awarded will be in relation to what is detailed in the Regulations for the Evaluation and Qualification of Teaching in Degrees and Masters at the UdL.

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