



Universitat de Lleida

DEGREE CURRICULUM
**THE PSYCHOLOGY OF
PERSONALITY**

Coordination: ALUJA FABREGAT, ANTON

Academic year 2023-24

Subject's general information

Subject name	THE PSYCHOLOGY OF PERSONALITY		
Code	102944		
Semester	1st Q(SEMESTER) CONTINUED EVALUATION		
Typology	Degree	Course	Character
	Bachelor's Degree in Psychology	2	COMPULSORY
			Modality Attendance-based
Course number of credits (ECTS)	6		
Type of activity, credits, and groups	Activity type	PRAULA	TEORIA
	Number of credits	1.8	4.2
	Number of groups	2	1
Coordination	ALUJA FABREGAT, ANTON		
Department	PSYCHOLOGY, SOCIOLOGY AND SOCIAL WORK		
Important information on data processing	Consult this link for more information.		
Language	Catalan		
Distribution of credits	<p>Distribution of ECTS credits in student working hours:</p> <p>Face-to-face (40%) = 60 hours</p> <p>Theoretical classes (60%) = 36 hours</p> <p>Classroom or classroom practices in medium group (40%) = 24 hours (x group)</p> <p>Non-presential (60%) = 90 hours</p> <p>Study of theoretical and practical contents (44%) = 40 hours</p> <p>Text readings, case studies, video viewing and preparation of other tasks and documents (20%) = 20 hours</p> <p>Personalized or group tutorials (12%) = 10 hours</p> <p>Search for information, extended reading, exam preparation, tests and activities, self-organization of the material (22%) = 20 hours</p>		

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
ALUJA FABREGAT, ANTON	anton.aluja@udl.cat	7,8	Mondays from 9 a.m. to 12 p.m. by appointment at the IRBLleida Human Behavior Laboratory

Learning objectives

1. Know the main models of personality structure.
2. Know, analyze and identify personality processes.
3. Know the main biological, psycho-social and cultural factors of personality.
4. Know and be able to analyze, identify and measure the role of personality in health and psychological well-being.
5. Know and be able to identify the main differences and affective-motivational aspects.
6. Know and be able to identify the main personality differences based on sex, gender, age and culture.
7. Know and be able to use accurately and rigorously the key terms and concepts in personality psychology.
8. Know and be able to choose the most appropriate assessment techniques in personality psychology in different fields.
9. Know and be able to transmit information and prepare oral and written reports taking into account personality factors.

Competences

Basic skills:

CB2 Apply their knowledge to their work or vocation in a professional way and possess the skills that are usually demonstrated by developing and defending arguments and solving problems within their area of study.

CB4 To be able to convey information, ideas, problems and solutions to both specialist and non-specialist audiences.

CB5 Be able to develop those learning skills necessary to undertake further study with a high

General skills:

CG2 Develop the ability to work in multidisciplinary teams and collaborate efficiently with other professionals.

CG3 Show interpersonal relationship skills.

CG4 Recognizing different theoretical perspectives on the topics you work on, commenting on conclusions and making decisions.

CG6 Reflecting on one's own limitations in a self-critical manner, considering the possibility of requesting interdisciplinary collaborations.

CG7 Acting with creativity, research culture and professional communication.

CG8 Identify and evaluate one's own competencies, skills and knowledge according to the standards of the profession.

CG9 Recognising diversity and difference as a structural element of the human being, while recognising, understanding and respecting the cultural complexity of today's society.

CG10 Respecting the fundamental rights of equality between men and women, the promotion of human rights and the values of a culture of peace and democratic values.

Specific Competencies:

SG1 Identifying and analysing the characteristics and needs of people, groups and organisations, as well as the relevant contexts for the service requested.

CE2 Plan the evaluation of programmes and/or psychological interventions, selecting the appropriate indicators and techniques.

CE3 Apply the techniques for collecting information, obtaining relevant data for the evaluation of programs and/or psychological interventions.

SG4 Analyzing and interpreting the results of psychological evaluation.

CE5 Design and apply a psychological intervention strategy/plan, depending on the contexts or services demanded.

CE6 Respond and act in an appropriate and professional manner, taking into account the attitudes and values of the profession, as well as its code of ethics and deontology, in each and every one of the intervention processes.

CE7 Provide information to users and establish an adequate interpersonal relationship, taking into account the different contexts of professional relations.

CE8 To prepare technical reports, both oral and written, on the results of the evaluation process, of the research or of the services demanded, respecting the ethical commitment that the dissemination of psychological knowledge requires.

CE12 Disseminate knowledge derived from theoretical reviews and from the results of psychological research.

Transversal competences:

TC1 Acquiring adequate oral and written comprehension and expression of Catalan and Spanish.

TC3 To acquire training in the use of new technologies and information and communication technologies.

TQ5 To acquire essential notions of scientific thought.

Subject contents

Block 1: Introduction, methods and personality assessment

Topic 1.-Introduction to the psychology of personality.

Topic 2.-Methods and strategies in personality psychology.

Topic 3.-Stability-consistency of traits

Topic 4.-Measurement of personality.

Block 2: Taxonomic and biological-factorial models

Topic 5.-The 16 factors of Cattell's personality.

Topic 6.-The model of the "Big Five" personality factors.

Topic 7.-Eysenck's 3-factor PEN model and Gray's model (2 factors).

Topic 8.-The "Sensation Seeking" trait and Zuckerman's 5-factor model.

Block 3: Personality versus behavior

Topic 9: Alcohol consumption and personality

Topic 10: Personality and social adaptation

Topic 11: Personality and consumption of violence in the mass media Topic

12: Personality and sexual behavior

Methodology

Formation activities

The training activities that will be carried out will be the following:

1. On-site theoretical class.
2. Practical class / seminar / workshops (2 groups).
3. Preparation of individual works.
4. Group tutorials, face-to-face or virtual. Distribution of ECTS credits in student working hours: Face-to-face (40%) = 60 hours Theoretical classes (60%) = 36 hours Classroom or classroom practices in medium group (40%) = 24 hours (x group) Non-presential (60%) = 90 hours Study of theoretical and practical contents (44%) = 40 hours Text readings, case studies, video viewing and preparation of other tasks and documents (20%) = 20 hours Personalized or group tutorials (12%) = 10 hours Search for information, extended reading, exam preparation, tests and activities, self-organization of the material (22%) = 20 hours

Development plan

Session	Modality (P/NP)	Description	Objectives	Teacher's work	Student's work	Recomandations
1:	P	Subject and teacher presentation. Introduction theoretical classes Block-1	All	Explain basic concepts about personality psychology	Attention, understanding, intervention and study	Reading mandatory supplementary material
2-5	P	Topic 1-2	All	Attention, understanding, intervention and study Attention, understanding, intervention and study		
6	P	Practices	All	Individual practical work. Attention, understanding, intervention and study	Reading supplementary material.. Provision of computer and calculation software	

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Session	Modality (P/NP)	Description	Objectives	Teacher's work	Student's work	Recomandations
7-8	P	Topics 3-4	All	Master lesson	Attention, understanding, intervention and study	Reading mandatory supplementary material.
9-10	P	Practices	All	Assessment of social desirability, trait-status, factorial analysis	Attention, understanding, intervention and study	Provision of computer and calculation software
11-12	P	Practice introduction and data analysis research work	All	Individual practical work. Explanation, provision of syntax and supervision of statistical calculations	Attention, understanding, intervention and study	Reading mandatory supplementary material.. Provision of computer and calculation software
13	P	<i>EVALUATION</i>	All	Making and correcting evaluation tests	Carrying out assessment	Study theoretical contents
14	P	Tutoring-1	All	Presentation of knowledge, doubts and questions	Competence and content understanding	
15	P	Introduction Block-2: Topic 5	All	Master lesson	Attention, understanding, intervention and study	Reading supplementary material
16	P	Practices in correcting, rating and making personality profiles	All	Individual practical work. Explanation, provision of syntax and supervision of statistical calculations	Attention, understanding, intervention and study	Reading mandatory supplementary material.. Provision of computer and calculation software
17-18	P	Topicss 6-8	All	Master lesson	Attention, understanding, intervention and study	Reading mandatory supplementary material
19-21	P	Practices of data analysis of individual works (Block 4)	All	Individual practical work. Explanation, provision of syntax and supervision of statistical calculations	Attention, understanding, intervention and study	Reading mandatory supplementary material.. Provision of computer and calculation software
22-23	P	Topic 8	All	Master lesson	Attention, understanding, intervention and study	Reading mandatory supplementary material

Session	Modality (P/NP)	Description	Objectives	Teacher's work	Student's work	Recomandations
24	P	<i>EVALUATION</i>	All	Making and correcting evaluation tests Carrying out assessment	Study theoretical contents	
25-27-28	P	Topics 9-13 (Block 3)	All	Master lesson Attention, understanding, intervention and study	Reading supplementary material	
29-30	P	Practices in correcting, rating and making personality profiles (Block 4).	All	Individual practical work. Explanation, provision of syntax and supervision of statistical calculations	Attention, understanding, intervention and study	Reading mandatory supplementary material.. Provision of computer and calculation software
31	P	Tutoring-2	All	Competence assessment	Presentation of knowledge, doubts and questions	Competence and content understanding
32	P	<i>EVALUATION</i>	All	Making and correcting evaluation tests Carrying out assessment	Study theoretical contents	
Evaluation	Temari: Theoretical contents: 75% (three proves multiple choice) Research works: 25% (for approving cal 50% of the sum of all the evaluations)					

Evaluation

EVALUATION SYSTEM

The evaluation of the training activities will be carried out using the following percentages:

Three partial theoretical Blocks of content of the three blocks of the multiple choice subject that will account for 75% of the grade (25+25+25). Each of the three partial Blocks will be done in person on paper and pencils. Each Blog is a test with 40 questions and consists of a booklet and an answer sheet. Both documents must be handed over to the teacher, who will staple them together. One document without the other cancels the test. The theoretical material to be assessed is derived from the content explained by the teacher in class, slides (given to the students) and the compulsory readings.

A fourth block of practices (25% of the grade) consisting of field work and data analysis from questionnaires or tests (15%) and the preparation of reports from personality tests (10%).

There is no minimum grade in any of the 4 blocks. The qualifications will be cumulative in a theoretical range of 0 to 100 points (25+25+25+25) and a total of 50% will be necessary to pass. The qualifications will go to a range of 0 to 10 and it will be approved with a 5.00.

The evaluation will be carried out in Catalan.

Students have the right to individual review of their test on the agreed day and time, upon request by email from the student himself. If the student cannot come to review and can justify it according to the teaching guide of the faculty, another day of review will be given. The reviews will only be carried out on the previously agreed and announced date.

The answers or marks in the written exams and papers will be kept digitized (data) and on paper during an academic year.

Handwritten and bound practical work TP-1 and TP-2 handed in will be kept for one year in the professor's office. However, it is convenient for the student to save the work electronically (eg in pdf) in case there is any problem or loss with the original manuscripts.

The practices will be face-to-face and require 80% assistance for its computation. Less attendance means a grade of "no show" and possible points assigned to practices will be lost. If it is detected that a student signs for another in the exams, or there is a signature without the student being in class, the entire practice will be graded as "not presented" and the assigned points will be lost.

The final grade is the sum of the evaluation of the content of the three theoretical blocks of the subject (75%), plus the practical block (25%).

Failure to carry out the content tests, non-participation (80% of practical attendance) or non-delivery of the programmed practical reports will mean the loss of the points that are computed.

Deadline days will be set to deliver the work in advance. After the deadline, if the work has not been delivered, it will be considered not presented with the loss of the points that compute, as well as the non-presentation in the theoretical exams.

Recovery tests will not be carried out as none of them exceed 30%.

As of the 2021/22 academic year, the qualification of "not presented" will be applied in all the subjects of the different degrees and master's degrees of the FEPTS provided that the student has carried out a percentage of less than 30% of the evaluation activities of the subject.

The first two tests of the partial theoretical blocks are carried out approximately on week 5 and 10. Being during class hours, it is possible that a classroom with a capacity for 150 students is not available, which is what is needed. If this were the case, the tests will be held in one of the two classrooms of the Multipurpose Building on the third floor or on the ground floor of the Faculty of Law from 2:00 p.m. to 3:00 p.m. (or another alternative that has capacity for at least 150 students). . If so, the first day of the course will be reported so that the student can schedule it in advance. If a student works during these hours, the company is obliged to give permission for a university exam. A receipt signed by the teacher is provided. The third partial test will take place at the time and on the day set by the coordinator of the Degree in Psychology.

ALTERNATIVE ASSESSMENT

In exceptional cases that have the approval of the Study Committee of the center responsible for teaching the degree, the alternative assessment will consist of a theoretical test that includes the three blocks (12 topics) (75%) and face-to-face practices (25%). The time and length of the assessment will be similar to that used by continuous assessment face-to-face students.

As indicated in the Regulations for Assessment and Qualification of Teaching in the UdL Degrees and Masters in article 1.5 on alternative assessment, point 2, page 7: "If the nature of the subject requires it, it will be an essential requirement to have the single assessment option attendance at certain face-to-face activities (practices, rotations, field trips, seminars, etc.) on the established dates, activities that will have to be specified in the teaching guide, may not entail discrimination regarding continuous assessment in relation to with the maximum grade that can be obtained in that subject." Therefore, the practices will be mandatory and face-to-face for these students as well as those who do continuous assessment. Failure to carry out the practices supposes the loss of 25% of the final grade.

RECOMMENDATIONS

The Personality Psychology subject is closely related to other subjects in the curriculum such as Psychopathology, Differential Psychology, Statistics, Psychometrics, Psychological Assessment and Diagnosis, Structure and Functioning of the Nervous System, Biological Bases of Behavior and Basic Psychological Processes. Having taken or taking these subjects will provide a better understanding of the subject. It is

recommended that the student have basic notions of statistics.

STUDENT-TEACHER RELATIONS AND TUTORIALS

The students will elect a delegate who represents the students. Any proposal, suggestion or complaint that affects the entire class will be channeled through the delegate (not individually). For individual consultations that affect only one student, tutoring must be requested within the established hours. Students are encouraged to make use of the tutorials for queries related to the subject or personal situations. It is recalled that attendance at the days and times of exams and dates of delivery of work is mandatory. Only the exceptions established in the Teacher Evaluation Guide will be accepted to request evaluations outside the established and announced hours on the first day of class and on the subject's website (www.petra-udl.com).

Bibliography

Basic bibliography

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De Juan, M., i García, L.F. (2004). Nuestra personalidad: En qué y porqué somos diferentes. Biblioteca Nueva.

Larsen, R.J. i Buss, D.M (2005). Psicología de la Personalidad.. Dominios del conocimiento sobre la naturaleza humana.. McGraw Hill Interamericana. México.

Liebert, R.M. i Liebert, L.L. (1999). Personalidad. International Thomson Editores: México.

Moreno-Jiménez, B. (2007). Psicología de la Personalidad: Procesos. Thompson Editores: Madrid.

Pervin, L.A., i John, O.L. (1999). Personalidad: Teoría e investigación. Manual Moderno. México.