



Universitat de Lleida

# DEGREE CURRICULUM

# **INTERNSHIP III**

Coordination: SANSO GALIAY, CLARA MARIA

Academic year 2022-23

**Subject's general information**

<b>Subject name</b>	INTERNSHIP III			
<b>Code</b>	102940			
<b>Semester</b>	1st Q(SEMESTER) CONTINUED EVALUATION			
<b>Typology</b>	<b>Degree</b>	<b>Course</b>	<b>Character</b>	<b>Modality</b>
	Bachelor's Degree in Psychology	4	COMPULSORY	Attendance-based
<b>Course number of credits (ECTS)</b>	6			
<b>Type of activity, credits, and groups</b>	<b>Activity type</b>	PAES		
	<b>Number of credits</b>	6		
	<b>Number of groups</b>	3		
<b>Coordination</b>	SANSO GALIAY, CLARA MARIA			
<b>Department</b>	PSICOLOGIA			
<b>Important information on data processing</b>	Consult <a href="#">this link</a> for more information.			

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
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SUBARROCA BULLICH, SANDRA	sandra.subarroca@udl.cat	4,4	
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## Learning objectives

### Objectives:

- Understand the context of the centre where the internships are carried out (target group, organisation chart, location and characteristics of the centre, internal regulations, quality systems, work organisation, work culture).
- Understand the tasks and role of the psychologist at the internships centre (job description of the internship centres) (practicum I, II and III)
- Use disciplinary knowledge to understand and respond to concrete real-life practice situations (practicum I and II)
- Develop a professional, multidimensional vision, based on a global theoretical framework, where the different disciplinary frameworks are related and integrated, in order to understand and respond to real concrete practice situations (practicum III)
- Establish appropriate professional relationships with both colleagues and the beneficiaries of the centre: (cordial treatment, cooperative attitude, confidentiality, respect for the code of ethics, etc.) (practicum I, II and III)
- Become familiar with the tools, strategies, techniques, sources and procedures of action specific to the context of the internship (practicum I, II and III)

### Learning achievements:

- Perception and assessment of the reality of psychology in the professional field.
- Design and develop professional performances in the different fields of Psychology.

- Critically assess the psychologist's actions.
- Learn to make proper and appropriate use of scientific and technological information.
- Reach the necessary skills to work in teams.
- Assume and defend professional values.
- Design strategies in the search or in the improvement of employment

## Competences

### Basic skills:

CB1 Possess and understand knowledge in an area of study which is at the foundation of general secondary education, and is usually at a level which, while supported by advanced textbooks, also includes some aspects involving knowledge from the cutting edge of their field of study.

CB2 Apply their knowledge to their work or vocation in a professional way and possess the skills that are usually demonstrated by developing and defending arguments and solving problems within their area of study.

CB3 Ability to gather and interpret relevant data (usually within their area of study) to make judgements that include reflection on relevant social, scientific or ethical issues.

CB4 Ability to convey information, ideas, problems and solutions to both specialized and non-specialized audiences.

CB5 Be able to develop those learning skills necessary to undertake further study with a high degree of autonomy.

### General Competences:

CG1 Developing the ability to adapt to new situations and solve problems effectively.

CG2 Developing the ability to work in multidisciplinary teams and collaborate efficiently with other professionals.

CG3 Showing skills for interpersonal relationships.

CG4 Recognize different theoretical perspectives on the issues you are working on, comment on conclusions and make decisions.

CG5 Demonstrate critical ability to make relevant decisions.

CG6 Reflecting on own limitations in a self-critical manner, considering the possibility of requesting interdisciplinary collaborations.

CG7 Acting with creativity, research culture and professional communication.

CG8 Identify and evaluate own competencies, skills and knowledge according to the standards of the profession.

CG9 Recognising diversity and difference as a structural element of the human being, while recognising, understanding and respecting the cultural complexity of today's society.

CG10 Respecting the fundamental rights of equality between men and women, the promotion of human rights and the values of a culture of peace and democratic values.

### Specific Competencies:

SG1 Identifying and analysing the characteristics and needs of people, groups and organisations, as well as the relevant contexts for the service requested.

CE2 Plan the evaluation of programmes and/or psychological interventions, selecting the appropriate indicators and techniques.

CE3 Apply the techniques for collecting information, obtaining relevant data for the evaluation of programs and/or psychological interventions.

SG4 Analyzing and interpreting the results of psychological evaluation.

CE5 Design and apply a psychological intervention strategy/plan, depending on the contexts or services demanded.

CE6 Respond and act in an appropriate and professional manner, taking into account the attitudes and values of the profession, as well as its code of ethics and deontology, in each and every one of the intervention processes.

CE7 Provide information to users and establish an adequate interpersonal relationship, taking into account the different contexts of professional relations.

CE8 To prepare technical reports, both oral and written, on the results of the evaluation process, of the research or of the services demanded, respecting the ethical commitment that the dissemination of psychological knowledge requires.

CE9 To use the different documentary sources in psychology, to show a mastery of the necessary strategies to access the information and to assess the need for documentary updating.

CE10 Manage, analyse and interpret data within the framework of the disciplinary knowledge of the different fields of psychology.

CE11 Make critical decisions on the choice, application and interpretation of the results derived from the different

psychological research methods.

CE12 To disseminate the knowledge derived from theoretical reviews and from the results of psychological research.

Transversal competences:

CT1 Acquire adequate oral and written comprehension and expression of Catalan and Spanish.

CT2 To acquire a significant command of a foreign language, especially English.

CT3 To acquire training in the use of new technologies and information and communication technologies.

CT4 To acquire basic knowledge of entrepreneurship and professional environments.

CT5 Acquiring essential notions of scientific thought.

## Subject contents

1. Characteristics of the practice center.
2. Continuing education plan.
3. Professional role of the psychologist.
4. Resources for quality performance: ICT, information networks, etc.
5. Innovative proposals for the improvement of the training process.
6. Management by competencies.
7. Tutoring, interviews with families.
8. The therapeutic process and its implications.
9. Center projects.
10. Self-assessment of acting as a professional in a practice center.
11. Models and psychological intervention techniques.
12. Psychological intervention plan.
13. Technical report of the intervention: monitoring and evaluation.
14. Mental syndromes, clinical manifestations and signs of severity.
15. Toxic syndromes for drugs, in particular drugs of abuse.
16. Efficient communication with the patient.
17. Psychological documentation.
18. Organització of psychological assistance.
- 19 psychodiagnostic eines

## Methodology

The student will carry out their training activities in a center outside the FEPTS.

The student will carry out his activity in real work contexts, where he will know the organization and work environment, the regulations at work both at the level of schedules and rights and duties derived from work, where he must learn to work both individually and as a team, and where it will be necessary for the knowledge acquired throughout their training to emerge and apply and use ethical and deontological principles for the exercise of the

profession.

Likewise, the student will conduct different tutorials and seminars with his FEPTS tutor to assess his learning process.

## Development plan

<u>Date</u>	<u>Activity</u>	<u>Venue</u>
6 July 2022	Briefing session for students	16h Classroom 1.04S
22 July 2022	Deadline for submitting the acceptance letter of the internships center to the Teaching planners	Office 0.01 Or by e-mail (marina.sama@udl.cat)
To determinate	Assignment of the internship centres	10.30h 0.14 - Boardroom FEPTS
12-16 September 2022	Faculty supervisor contact the internship centres	
29 - 28 September 2022	Meeting of faculty supervisors with their group of students	
3 October 2022	Start of internships	Collaborating centres
3 October – 22 December 2022	Mentorship	
22 December 2022	Completion of internships	
9 January 2023	Submission of internship report to the internship centre	To be specified by the supervisor of the centre
16 January 2023	Submission of internship report to the FEPTS	Virtual Campus

## Evaluation

1. Student portfolios where the most relevant and interesting information will be collected to assess the level of achievement of the competences, as well as the review and implementation of the practical plan proposed by the collaborating center, the university and the student. (40%)
2. Group or individualized tutorials. (20%)
3. Assessment of the center tutor on the student's attitude, implementation of the proposed tasks, involvement in the practice center and relationship with all agents related to their profession. (40%)

It is a necessary requirement to approve separately evidence that is worth 40%.

## Bibliography

See bibliography of the teaching guides of all the subjects carried out during the Degree and, especially, of the assignatura related to the chosen field to carry out the practices