

# DEGREE CURRICULUM INTERNSHIP I

Coordination: SANSO GALIAY, CLARA MARIA

Academic year 2023-24

# Subject's general information

Subject name	INTERNSHIP I					
Code	102938					
Semester	1st Q(SEMESTER) CONTINUED EVALUATION					
Typology	Degree		Course	Character	Modality	
	Bachelor's Degree in Psychology		3	COMPULSORY	Attendance- based	
Course number of credits (ECTS)	6					
Type of activity, credits, and groups	Activity type	PAES				
	Number of credits	6				
	Number of groups	3				
Coordination	SANSO GALIAY, CLARA MARIA					
Department	PSYCHOLOGY, SOCIOLOGY AND SOCIAL WORK					
Important information on data processing	Consult this link for more information.					

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
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#### Learning objectives

#### Generic training objective:

Put the student in contact with the different areas and activities of professional reality, in order to ensure their professional training.

#### Specific objectives:

- Understand the context of the centre where the interships are carried out (target group, organisation chart, location and characteristics of the centre, internal regulations, quality systems, work organisation, work culture).
- Understand the tasks and role of the psychologist at the internships centre (job description of the internsip centres) (practicum I, II and III)
- Use disciplinary knowledge to understand and respond to concrete real-life practice situations (practicum I and II)
- Develop a professional, multidimensional vision, based on a global theoretical framework, where the different disciplinary frameworks are related and integrated, in order to understand and respond to real concrete practice situations (practicum III)
- Establish appropriate professional relationships with both colleagues and the beneficiaries of the centre: (cordial treatment, cooperative attitude, confidentiality, respect for the code of ethics, etc.) (practicum I, II and III)
- Become familiar with the tools, strategies, techniques, sources and procedures of action specific to the context of the internship ( practicum I, II and III)

#### **Learning achievements:**

- Perception and assessment of the reality of psychology in the professional field.
- Design and develop professional performances in the different fields of Psychology.
- Critically assess the psychologist's actions.

- Learn to make proper and appropriate use of scientific and technological information.
- Reach the necessary skills to work in teams.
- Assume and defend professional values.
- Design strategies in the search or in the improvement of employment

#### Competences

CB1 Possessing and understanding knowledge in an area of study that is based on general secondary education, and is usually found at a level that, although supported by advanced textbooks, also includes some aspects that imply knowledge from the vanguard of its field of study.

CB2 Apply knowledge to work or vocation in a professional manner and possess the skills that are usually demonstrated through the elaboration and defense of arguments and the resolution of problems within the area of study.

CB3 Ability to gather and interpret relevant data (usually within the study area) to make judgments that include a reflection on relevant social, scientific or ethical issues.

CB4 Be able to transmit information, ideas, problems and solutions to a specialized and non-specialized public.

CB5 Know how to develop those learning skills necessary to undertake further studies with a high degree of autonomy.

CG1 Develop the ability to adapt to new situations and solve problems effectively.

CG2 Develop the ability to work in multidisciplinary teams and collaborate efficiently with other professionals.

CG3 Show skills for interpersonal relationships.

CG4 Recognize the different theoretical perspectives in relation to the topics worked, comment on the conclusions and make decisions.

CG5 Demonstrate critical ability to make relevant decisions.

CG6 Reflect on one's own limitations in a self-critical manner and consider the possibility of requesting interdisciplinary collaborations.

CG7 Act with creativity, research culture and professional communication.

CG8 Identify and evaluate their own skills, abilities and knowledge in accordance with the standards of the profession.

CG9 Recognize diversity as a structural element of the human being while recognizing, understanding and respecting the cultural complexity of today's society.

CG10 Respect the fundamental rights of equality between women and men, the promotion of Human Rights and the values of a culture of peace and democratic values.

CE1 Identify and analyse the characteristics and needs of individuals, groups and organisations, as well as the relevant contexts for the service being requested.

CE4 Analyze and interpret the results of the psychological evaluation.

CE6 Respond and act appropriately and professionally, considering the attitudes and values of the profession, as well as its ethical and deontological code in each and every intervention process.

CE7 Provide information to users and establish an appropriate interpersonal relationship, considering the different professional relationship contexts.

CE9 Use the different documentary sources in psychology, show mastery of the necessary strategies to access information and assess the need for documentary updating.

CE10 Manage, analyze and interpret data within the framework of disciplinary knowledge of the different fields of psychology.

CT1 Acquire adequate oral and written comprehension and expression in Catalan and Spanish.

CT2 Acquire a significant command of a foreign language, especially English.

CT3 Acquire training in the use of new technologies and information and communication technologies.

CT4 Acquire basic knowledge of entrepreneurship and professional environments.

CT5 Acquire essential notions of scientific thought

#### Subject contents

The Psychology degree Practices are the set of activities that the student performs to acquire knowledge (beyond those acquired in previous subjects), skills, competencies and attitudes, to become a psychology professional. These tasks are performed in centers outside the university that are part of the current reality of the profession of Psychology.

To practice as a professional, the student must be able to respond to the demand of the current labor market. To achieve this goal, the practices of the degree of psychology are developed in real work contexts and exercise the professional role of the psychologist. This acquisition is produced through collaboration with a professional who carries out his activity in a workplace outside the FEPTS and under the guidance of a teacher.

Thus, the Practices are, fundamentally, an experience lived in real work contexts, which occur in the daily life of the professional world and where the student will know the real working environment of the figure of the psychologist. In addition, the student must make use of all the knowledge acquired so far, in addition to learning to develop as a professional trained to work individually and in a team, following the ethical and deontological principles of the profession.

#### Methodology

The student will carry out their training activities in a center outside the FEPTS.

The student will carry out his activity in real work contexts, where he will know the organization and work environment, the regulations at work both at the level of schedules and rights and duties derived from work, where he must learn to work both individually and as a team, and where it will be necessary for the knowledge acquired throughout their training to emerge and apply and use ethical and deontological principles for the exercise of the profession.

Also, he will conduct different tutorials and seminars with his FEPTS tutor to assess his learning process, as well as actively participating in the programmed theoretical-practical and interdisciplinary spaces.

### Development plan

Internships I of the Psychology degree will be carried out in the S5 of the third course.

#### Schedule

<u>Date</u>	Activity	<u>Venue</u>
29 June 2023	Briefing session for students	11h Classroom 1.19PII
14 July 2023	Deadline for submitting the acceptance letter of the internships center to the Teaching planners	Office 0.01 Or by e-mail (marina.sama@udl.cat)

to specify	Assignment of the internship centres	to specify
15-22 September 2023	Faculty supervisor contact the internship centres	
25 - 29 September 2023	Meeting of faculty supervisors with their group of students	
2 October 2023	Start of internships	Collaborating centres
10 October – 22 December 2023	Mentorship	
22 December 2023	Completion of internships	
8 January 2024	Submission of internship report to the internship centre	To be specified by the supervisor of the centre
15 January 202	Submission of internship report to the FEPTS	Virtual Campus

#### **Evaluation**

- 1. Student portfolios where the most relevant and interesting information will be collected to assess the level of achievement of the competences, as well as the review and implementation of the practical plan proposed by the collaborating center, the university and the student. (40%)
- 2. Group or individualized tutorials. (20%)
- 3. Assessment of the center tutor on the student's attitude, implementation of the proposed tasks, involvement in the practice center and relationship with all agents related to their profession. (40%)

It is a necessary requirement to approve separately evidence that is worth 40%.

### **Bibliography**

See bibliography of the teaching guides of all the subjects carried out during the Degree and, especially, of the assigantura related to the chosen field to carry out the practices