



Universitat de Lleida

# DEGREE CURRICULUM **INDIVIDUAL INTERVENTION**

Coordination: MATA ROMEU, ANNA

Academic year 2022-23

## Subject's general information

Subject name	INDIVIDUAL INTERVENTION			
Code	101748			
Semester	1st Q(SEMESTER) CONTINUED EVALUATION			
Typology	Degree	Course	Character	Modality
	Bachelor's Degree in Social Worker	2	COMPULSORY	Attendance-based
Course number of credits (ECTS)	6			
Type of activity, credits, and groups	Activity type	PRAULA		TEORIA
	Number of credits	1.8		4.2
	Number of groups	2		1
Coordination	MATA ROMEU, ANNA			
Department	GEOGRAPHY AND SOCIOLOGY			
Important information on data processing	Consult <a href="#">this link</a> for more information.			

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
MATA ROMEU, ANNA	anna.mata@udl.cat	7,8	

## Learning objectives

Be able to choose from the main methods and techniques to interact with individuals and families in order to promote change and improve their life opportunities.

Discern ways to intervene to promote user participation in Social Work processes and services.

Know how to apply the methods of assessing needs in order to guide an intervention strategy.

Know how to design intervention plans with the people cared for and other professionals both individually and in groups.

Know how to apply the main methods of individual and family support.

Be able to apply conflict resolution strategies through negotiation and mediation.

Know how to detect crisis situations and assess their urgency, plan and develop actions to deal with them and review their results.

## Competences

CG1: Develop critical ability, analysis and synthesis.

CG4: Develop in teamwork and leadership.

CT1: Implement oral and written communication in the mother tongue.

CE3: Critically understand models of intervention in social work.

CE4: Know how to apply the methods and techniques of social work to the different areas and fields of intervention.

CE7: Know how to interact effectively with people, show empathy and mediation skills in conflict resolution.

## Subject contents

BLOCK I: Individual and family social work. Basic contributions for understanding

Origins, evolution and main theoretical influences

Elements of individual and family intervention

Concept and objectives of Individual and Family Social Work

Importance of the environment

Basic concepts about the family, structure and operation. New family forms.

BLOCK II: Tools and skills for the intervention

The relationship of professional help: key concepts.

The professional relationship: key concepts.

Models of intervention.

The interview.

The participation of the user

Social Work in family groups. The FGC.

Documentation and data recording techniques

Networking as an intervention tool

## BLOCK III: The methodological dimension

- The methodological process in Individual Social Work
- The diagnosis
- The Work Plan
- Intervention processes
- The agreements / follow-up of the intervention
- The Evaluation.

## BLOCK IV: The externalization of the intervention

- The Social Report.
- Ethical aspects of information processing.

## Methodology

Face-to-face activities

Medium group:

- Problem-based learning
- Case study
- Classroom practices
- Proposals and discussion of practical cases.

Non-contact activities

Large Group: Conceptual exhibitions

Middle Group: Reading and searching for information; Elaboration of an Individual-Family intervention project; Development of continuous assessment activities

## Development plan

Week 1-4

Block 1

Targets

- Know the different elements present in the intervention and the relationship between them.
- Understand and use professional terminology correctly.
- Know the basics about family structure.
- Learn to analyze demand.

Activities

- Conceptual exhibition
- Case study
- Reading of written material

Evaluation

Individual and group work

Week 5-10

Block 2

The methodological process in Individual Social Work.

Intervention methodology.

Diagnosis

Work plan

Evaluation

Targets

Know the methodological procedure for individual and family intervention.

Analyze the different stages and the variables that each one includes.

Advise on reflection and conscious proposal in the intervention process.

Familiarize yourself with different intervention techniques.

Activities

Conceptual exhibitions

Classroom practice

Case work

Reading and searching for information

Elaboration of intervention project

Evaluation

Individual and group work

Week 11-15

Block 3

Targets

Analyze the relationship of help as an intervention tool.

Understand the different elements involved in the interview situation.

Analyze and reflect on the factors that influence the care relationship.

Learn data logging techniques.

Familiarize yourself with the social report and facilitate the use of correct professional language.

Activities

Conceptual exhibitions

Classroom practice: solving simulated situations

Preparation of the social report.

Evaluation

Individual and group work

Evaluation

## CONTINUOUS EVALUATION SYSTEM

It is considered optimal to be able to follow the system of continuous evaluation of the subject.

Continuous assessment consists of four activities:

Activity	Score	Try it
1	29%	Individual Written Test
2	20%	Attendance and active participation in the classroom
3	26%	Resolution of individual theoretical-practical exercise
4	25%	Oral presentation in small groups

### Information:

1- Written test: Realization of an individual written test, where will evaluate the learning of the contents and complementary material / bibliography. It will be scored from 0 to 10. It is passed with a minimum of 5 points; averages with the rest of the activities from 3 points.

2- Attendance to all the sessions of big group and activities of the average groups of the asignatura. Active participation will also be especially valued. Average with other activities from 3 points.

3- Resolution of a practical supposition on the concepts worked in the classroom (I will make a social report). Average with other activities from 3 points.

4- Oral presentation in small groups to solve a practical case. Average with other activities from 3 points.

### Important

A) If you do not take one or more of the tests / activities planned, you will get a "0", which will average with the others.

B) It is necessary to obtain a minimum score of 3 (out of 10) in each one of the tests / activities, so that they can make average with the rest of qualifications.

## ALTERNATIVE EVALUATION SYSTEM

Those students who are unable to follow the continuous assessment (and demonstrate this, in accordance with the provisions of the Udl and FEPTS regulations) will be eligible for an alternative assessment. This will consist of two tests, at the end of the semester, of a theoretical and practical nature; written, according to the following distribution:

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1 (50%) Written test. Test with conceptual and theoretical-practical questions on the subject. It is passed with a minimum grade of 5 points (out of 10 total points). Proof with right to recovery.

2 (25%) Written test. Solving a practical case

3 (25%) Written test. Solving a practical case