



Universitat de Lleida

DEGREE CURRICULUM  
**SOCIAL WORK IN THE FIELD  
OF MENTAL HEALTH**

Coordination: MIRANDA RUCHE, FRANCISCO JAVIER

Academic year 2023-24

## Subject's general information

<b>Subject name</b>	SOCIAL WORK IN THE FIELD OF MENTAL HEALTH			
<b>Code</b>	101734			
<b>Semester</b>	1st Q(SEMESTER) CONTINUED EVALUATION			
<b>Typology</b>	<b>Degree</b>	<b>Course</b>	<b>Character</b>	<b>Modality</b>
	Bachelor's Degree in Social Worker	3	OPTIONAL	Attendance-based
<b>Course number of credits (ECTS)</b>	6			
<b>Type of activity, credits, and groups</b>	<b>Activity type</b>	PRAULA		TEORIA
	<b>Number of credits</b>	1.8		4.2
	<b>Number of groups</b>	1		1
<b>Coordination</b>	MIRANDA RUCHE, FRANCISCO JAVIER			
<b>Department</b>	PSYCHOLOGY, SOCIOLOGY AND SOCIAL WORK			
<b>Important information on data processing</b>	Consult <a href="#">this link</a> for more information.			
<b>Language</b>	Catalan			

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
MIRANDA RUCHE, FRANCISCO JAVIER	xavier.miranda@udl.cat	6	

## Learning objectives

1. Know the most significant cultural aspects involved in the conception of mental health.
2. Know the basic concepts of psychopathology, with special emphasis on the social repercussions of mental disorders.
3. To know the organization of the health and social assistance network in mental health in Catalonia.
4. Know the different approaches that exist with respect to the recovery of affected people.
5. Know the methods and techniques of intervention from the perspective of social work.
6. Know the historical development of social work in mental health, as well as the professional role within the intervention teams.

## Competences

1. Know the most significant cultural aspects involved in the conception of mental health.
2. Know the basic concepts of psychopathology, with special emphasis on the social repercussions of mental disorders.
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5. Know the methods and techniques of intervention from the perspective of social work.
6. Know the historical development of social work in mental health, as well as the professional role within the intervention teams.

## Subject contents

### 1. HEALTH AND SOCIETY.

- Mental health and mental disorder. Historical and cultural pre-registration.
- Construction of meaning and meaning in relation to mental disorders.
- Influence of social changes on the expression of new mental disorders.
- Material and cultural determinants that affect the appearance of mental pathologies.

### 2. MENTAL DISORDERS.

- Factors that characterize severe or severe mental disorders.
- Classifications of mental disorders according to the DSM-V and ICD-10.
- Basic general notions of: schizophrenia; bipolar disorder; obsessive-compulsive disorder; major depression; personality disorders.

### 3. ORGANIZATION OF MENTAL HEALTH CARE.

- Public care network in Catalonia. Health and social resources.
- Associations of relatives and affected persons.
- New organizational forms in digital environments.

## 4. SOCIAL INTERVENTION IN MENTAL HEALTH.

- Perspectives of intervention of social work in mental health.
- The recovery-based approach.
- Intervention methodology at the individual, group and community levels.
- Specific tools: social diagnosis in mental health.

## 5. SOCIAL WORK AND MENTAL HEALTH

- Development of social work as a discipline within the field of mental health.
- Current presence of the social work professional in social and health care devices.
- Role and basic functions of the social worker.

## Methodology

During teaching hours (40%).

- Exhibitions linked to the content and the dossier of readings
- Continuous assessment activities in the classroom.
- Student exhibitions.
- Thematic seminars.

Outside teaching hours (60%).

- Reading and analysis of texts.
- Group exhibition preparation.
- Preparation of continuous evaluation activities.
- I am a student.
- Tutorials.

## Development plan

WEEK	BLOCK	OBJECTIVES	ACTIVITY	STUDENT WORK	EVALUATION
1 2 3	<b>1. HEALTH AND SOCIETY.</b> Mental health and mental disorder. Historical and cultural pre-registration. Construction of meaning and meaning in relation to mental disorders. Influence of social changes on the expression of new mental disorders. Material and cultural determinants that affect the appearance of mental pathologies.	1. Know the most significant cultural aspects involved in the conception of mental health.	- Theoretical sessions. - Audiovisual projections. - Presentations by external professionals. -Tutorials.	- Monitoring and study of the block. - Follow-up of readings and complementary materials. - Active and informed participation. - Preparation of continuous evaluation activities. - Use of tutorials for the follow-up of the subject.	- Active and well-founded participation in the various activities that are developed. - Written exam. - Group work.

<p>4 5 6</p>	<p><b>2. MENTAL DISORDERS.</b> Factors that characterize severe or severe mental disorders. Classifications of mental disorders according to the DSM-V and ICD-10. Basic general notions of: schizophrenia; bipolar disorder; obsessive-compulsive disorder; major depression; personality disorders.</p>	<p>2. Know the basic concepts of psychopathology, with special emphasis on the social repercussions of mental disorders.</p>	<ul style="list-style-type: none"> <li>- Theoretical sessions.</li> <li>- Audiovisual projections.</li> <li>- Presentations by external professionals.</li> <li>-Tutorials.</li> </ul>	<ul style="list-style-type: none"> <li>- Monitoring and study of the block.</li> <li>- Follow-up of readings and complementary materials.</li> <li>- Active and informed participation.</li> <li>- Preparation of continuous evaluation activities.</li> <li>- Use of tutorials for the follow-up of the subject.</li> </ul>	<ul style="list-style-type: none"> <li>- Active and well-founded participation in the various activities that are developed.</li> <li>- Written exam.</li> <li>- Group work.</li> </ul>
<p>7 8 9</p>	<p><b>3. ORGANIZATION OF MENTAL HEALTH CARE.</b> Public care network in Catalonia. Health and social resources. Associations of relatives and affected persons. New organizational forms in digital environments.</p>	<p>3. To know the organization of the health and social assistance network in mental health in Catalonia.</p>	<ul style="list-style-type: none"> <li>- Theoretical sessions.</li> <li>- Audiovisual projections.</li> <li>- Presentations by external professionals.</li> <li>-Tutorials.</li> </ul>	<ul style="list-style-type: none"> <li>- Monitoring and study of the block.</li> <li>- Follow-up of readings and complementary materials.</li> <li>- Active and informed participation.</li> <li>- Preparation of continuous evaluation activities.</li> <li>- Use of tutorials for the follow-up of the subject.</li> </ul>	<ul style="list-style-type: none"> <li>- Active and well-founded participation in the various activities that are developed.</li> <li>- Written exam.</li> <li>- Group work.</li> </ul>
<p>10 11 12</p>	<p><b>4. SOCIAL INTERVENTION IN MENTAL HEALTH.</b> Perspectives of intervention of social work in mental health. Intervention methodology at the individual, group and community levels. The recovery-based approach. Specific tools: social diagnosis in mental health.</p>	<p>4. Know the different approaches that exist with respect to the recovery of affected people. 5. Know the methods and techniques of intervention from the perspective of social work.</p>	<ul style="list-style-type: none"> <li>- Theoretical sessions.</li> <li>- Audiovisual projections.</li> <li>- Presentations by external professionals.</li> <li>-Tutorials.</li> </ul>	<ul style="list-style-type: none"> <li>- Monitoring and study of the block.</li> <li>- Follow-up of readings and complementary materials.</li> <li>- Active and informed participation.</li> <li>- Preparation of continuous evaluation activities.</li> <li>- Use of tutorials for the follow-up of the subject.</li> </ul>	<ul style="list-style-type: none"> <li>- Active and well-founded participation in the various activities that are developed.</li> <li>- Written exam.</li> <li>- Group work.</li> </ul>
<p>13 14 15</p>	<p><b>5. SOCIAL WORK AND MENTAL HEALTH</b> Development of social work as a discipline within the field of mental health. Current presence of the social work professional in social and health care devices. Role and basic functions of the social worker.</p>	<p>6. Know the historical development of social work in mental health, as well as the professional role within the intervention teams.</p>	<ul style="list-style-type: none"> <li>- Theoretical sessions.</li> <li>- Audiovisual projections.</li> <li>- Presentations by external professionals.</li> <li>-Tutorials.</li> </ul>	<ul style="list-style-type: none"> <li>- Monitoring and study of the block.</li> <li>- Follow-up of readings and complementary materials.</li> <li>- Active and informed participation.</li> <li>- Preparation of continuous evaluation activities.</li> <li>- Use of tutorials for the follow-up of the subject.</li> </ul>	<ul style="list-style-type: none"> <li>- Active and well-founded participation in the various activities that are developed.</li> <li>- Written exam.</li> <li>- Group work.</li> </ul>

## Evaluation

### Continuous evaluation.

**a) Theoretical block.** Individual written test linked to the contents of the subject (25%).

**B) Block of Readings.** Individual written test linked to the reading dossier. (25%).

**C) Monitoring Block.** Active and well-founded participation in the various continuous assessment activities - individual and group- that take place in the classroom (25%).

**d) Practical block.** Group work on a topic not included in the program (25%).

During the first week of class, the dates of the continuous evaluation activities will be specified. Similarly, the evaluation criteria shall be indicated.

The final grade of the subject will be the average obtained from the different tests carried out. The subject will be considered passed when the student obtains a final numerical grade of 5.

### Alternative evaluation.

The student will have the right to renounce the continuous evaluation at the beginning of the semester and take advantage of the alternative evaluation modality. To do so, it must submit an application to the secretariat within the set period and provide supporting documentation. In the event that it is approved, this unique evaluation modality includes an oral test of a theoretical nature with a value of 100%, which can be recovered. The subject will be considered passed when the student body obtains a final mitjana grade of 5.

The qualification of "not presented" will be applied provided that the student has completed a percentage of less than 30% of the evaluation activities of the subject. In the event that you have carried out 30% or more of the evaluation activities, the corresponding qualification will be put in the minutes (Agreement of the commissions of degrees and masters of the FEPTS, January 27, 2021).

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