

DEGREE CURRICULUM

SOCIAL AND COMMUNICATION SKILLS IN SOCIAL WORK

Coordination: NAVARRO EZQUERRA, JOSEP LLUIS

Academic year 2023-24

Subject's general information

Subject name	SOCIAL AND COMMUNICATION SKILLS IN SOCIAL WORK					
Code	101709					
Semester	1st Q(SEMESTER) CONTINUED EVALUATION					
Typology	Degree Course Cha		aracter	Modality		
	Bachelor's De Worker	egree in Social	al 1 COM		MPULSORY	Attendance- based
Course number of credits (ECTS)	6					
Type of activity, credits, and groups	Activity type	PRAULA		TEORIA		
	Number of credits	1.8	1.8		4.2	
	Number of groups	2			1	
Coordination	NAVARRO EZQUERRA, JOSEP LLUIS					
Department	PSYCHOLOGY, SOCIOLOGY AND SOCIAL WORK					
Important information on data processing	Consult this link for more information.					

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
MARTIN MARTINEZ, ENCARNA	encarna.martin@udl.cat	3,9	
NAVARRO EZQUERRA, JOSEP LLUIS	joseluis.navarro@udl.cat	3,9	

Learning objectives

- Acquire skills for interpersonal relationships in professional activity, especially in the field of personal interview, group meetings and public speaking.
- Know and develop the skills to Establish an empathic relationship and effective communication with other people, and especially with those who have communication difficulties.
- Know and become familiar with the skills and techniques that allow conflict management at the interpersonal, group and Intergroup levels.
- Learn to document social intervention processes.
- Learn to Communicate clearly and correctly, with an appropriate style to the recipients, the purpose and the context of the communication.
- Learn the methodology to prepare and take an active part in "decision-making meetings".

Competences

- CG4 Develop teamwork and leadership
- CG5 Show skills in interpersonal relationships
- CG7- Exercise autonomous learning and adaptation to new situations
- CE7 Know how to interact effectively with people, show empathy and hability to mediate in conflict resolution

Subject contents

1. What do we pixen by Social Skills? Importance in the field of Social Work

Concept of Social Habilities The importance of SSHH in social interactions Learning, practice and acquisition of SSHH SSHH for the different groups of Social Work

2. Communication.

Communication functions
The communication process
verbal communication
Non-verbal communication
The axioms of human communication
Communication styles

3. The interview.

Evolution; Typologies

Contextualization: Space, Environment, etc. Strategies: Active Listening, Silences,

Setting,

Transfer and Countertransference Interview documentation techniques

4. Reports

Previews; Active listening Structure; Technical report Skills for recording information

Use of ICT

5. Speak in public.

Oral expression Image Oratory Presentations Impact of the message

6. Team Management - Workgroups vs. Workgroups

Types of meetings.

Planning, development and conduct of the meeting. Rols and leadership.

Participation techniques.

Techniques for decision making.

7. Social interaction project - How we interrelate in this new reality. Cross-sectional activity.

Implementation of the acquired contents

Execution and presentation of a project based on any of the forms of communication

Methodology

Face-to-face activities

Medium group:

Problem-based learning debat case study Classroom practices Telematic activities

Large Group

Online master class
Discussion in the virtual classroom
Non-contact activities

Preparation of debats

Case study preparation

Development of continuous assessment activities Reading and searching for information

Development plan

BLOCK	ACTIVITY	DESCRIPTION	EVALUATION
Block 1: What is understood as Social Habilities Importance of SSHH in the social work area	Master Class Continuos evaluation activities	Face-to-face activity Non-contact activity	Brief essay about the most important worked items
Block 2: The comunication	Master Class Continuos evaluation activities	Face-to-face activity Non-contact activity	Group work about diferent types of comunication. Digital presentation of an essay
Block 3: The Interview.	Classroom practices Master Class Continuos evaluation activities	Face-to-face activity Non-contact activity	Role Playing
Block 4: Reports.	Master Class Case study Activity report for the continuous evaluation	Face-to-face activity Non-contact activity	Writting of a basic tech document.
Block 5: Public Speaking.	Master class Exercice where you have to show how to share information with: - Family -Friends - Professional Coordination	Face-to-face activity Non-contact activity	significant aquired knowledges Assistence to the classroom practices Active participation on the simulated situations
Bloc 6: Equipment Management	Master Class Classroom practices: Learning based on case comentary. Preparation and presentation of a case in different teams. Meeting conduction simulation	Face-to-face activity Non-contact activity	Self-report of the avaluation about de meeting conduction in the classroom aplying the aquired knowledges.

		Face-to-face		
Block 7:	Execution and presentation of a project based on anyone of the comunication forms.	activity		
Project	Execució i presentació d'un projecte basat en qualsevol de les formes de comunicació.	Non-contact activity	Presentation of the work done	

Evaluation

Due to the basics of the subject and the syllabus, the assessment will be continued.

It is mandatory to use assistance in those activities that involve direct and experimental learning in a facility in a percentage of not less than 80%.

An activity must be delivered or carried out on each content block in the indicated time

For higher development, all assessment activities must be taken into account and a minimum of five overall grades must be obtained. There is always an average of at least 5 exams that can be submitted as well.

Alternative evaluation:

Those students who are accredited to the Udl, who for work reasons cannot attend a class or take the above surveys, will be put into practice from:

Two exams, which score 29% of each

An individual project that scores 42%

For higher development, all assessment activities must be considered and a minimum of five overall grades must be achieved. There is always when the average of the exams can reach a minimum of 5 as well

Bibliography

- Aguadero F., (1997) El arte de comunicar Madrid, Ciencia 3.
- Argyle, M. (1994) Psicología del comportamiento interpersonal. Madrid, Alianza
- Ballester, R y Gil M.D. (2002) Habilidades sociales: evaluación y tratamiento. Madrid, Síntesis
- Baró, T (2012) La gran guía del lenguaje no verbal. Barcelona, Paidós divulgación
- Baró, T (2015) Manual de la comunicación personal de éxito. Barcelona, Paidós divulgación.
- Berjano, e. pinazo, s: (2001) Interacción social y comunicación. Valencia, Tirant lo Blanch
- Bermejo, J.C.(1998) Apuntes de relación de ayuda. Salterrae
- Caballo, Vicente e. (1993) Manual de evaluación y entrenamiento de las habilidades sociales. Madrid. Siglo XXI
- Castanyer, O. (1996) La asertividad: expresión de una sana autoestima. Bilbao, DDB.
- Davis, f. (1998) La comunicación no verbal. Madrid, Alianza
- Estanqueiro, A. (2006) Principios de comunicación interpersonal. Para saber tratar con las personas. Narcea
- Hermida, J. (2010) Hablar sin palabras. Madrid, Ediciones Martínez Roca
- Kelly, J.A. (2000) Entrenamiento de las habilidades sociales. Bilbao, DDB
- Lamata cotanda, R. (2006) La actitud creativa. Ejercicios para trabajar en grupo la creatividad. Narcea
- Morgado, I. (2007) Emociones e inteligencia social. Barcelona. Editorial Ariel.
- Pease, a. (1998) El lenguaje del cuerpo. Barcelona, Paidós
- Roca, E. (2003) Cómo mejorar tus habilidades sociales. Valencia: ACDE Ediciones.
- Trevithick, P. (2006) Habilidades de comuniciación en intervención social. Madrid, Narcea.
- Wainwright, GR. (1998) El lenguaje del cuerpo, Madrid, Pirámide