



Universitat de Lleida

DEGREE CURRICULUM **CLINICAL PRACTICES III**

Coordination: VALLS ORIOL, MARIA MERCE

Academic year 2023-24

Subject's general information

Subject name	CLINICAL PRACTICES III			
Code	100675			
Semester	2nd Q(SEMESTER) CONTINUED EVALUATION			
Typology	Degree	Course	Character	Modality
	Bachelor's Degree in Nursing	3	COMPULSORY	Attendance-based
Course number of credits (ECTS)	12			
Type of activity, credits, and groups	Activity type	PRACLIN		
	Number of credits	4.8		
	Number of groups	1		
Coordination	VALLS ORIOL, MARIA MERCE			
Department	NURSING AND PHYSIOTHERAPY			
Important information on data processing	Consult this link for more information.			

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Subject's extra information

(The information on this subject has been automatically translated from the Catalan language that will always be the reference guide for any question. Contact the subject coordination for any clarification)

Clinical Practices are pre-professional practices, in the form of an independent clinical rotatory and with a final evaluation of competences, in Primary Care Centers, hospitals and other healthcare centers that allow the independent development of nursing students and a progressive learning. Gradually through the different courses.

The subjects linked to the Clinical Practices are compulsory. They are divided into 7 subjects with different credits depending on the course, presenting themselves in a growing manner; In other words, in the first year there is a single subject of 6 ECTS, a second one of 12, a third two subjects of 12 and a fourth, three subjects, two of 12 ECTS and one of 15.

These subjects focus on the attention of the person throughout their life cycle and in the various healthcare contexts: hospital, community, social health, residential and other more specific, such as mental health. Its purpose is the development, in real context, of nursing care in activities of prevention, promotion, treatment or accompaniment of healthy or sick people, groups of people or society.

The contents of the practices relate to the course and the expected level of competence of the student. The first course aims to discover the health context and be a first contact with the healthcare context, the second ones are located in basic hospital units and aim to train the student in basic nursing techniques, those of a third party. This course implies a reinforcement of the second-course practices on one side and the care given to the pregnant woman, the child and the elderly is introduced, and in the fourth course different itineraries are proposed so that the

students know the specialized units and the 'attention to the community among others. The teaching methodology has two basic axes: preparation activities (theoretical classes, seminars on subjects with a clear implication in the person's attention) and welfare practices that require prior preparation in a clinical context with practical classes on nursing techniques. In the welfare practices, as well as in the previous hours of clinical preparation, the direct attention is made to the person, collaboration with the welfare teams, work of clinical cases in the welfare center or tutorials, plus the personal work. Basically associated to the elaboration of the reports or reports of practices.

The evaluation system consists of three evidences: 1, evaluation of pre-clinical preparation activities; 2, elaboration by the students of the reports or reports of clinical practice, and 3, competence assessment process in the specific context of the practices by the responsible professional of the student. For clinical practices, different instruments have been developed that allow the objective assessment of the evidence and the specific competence according to the expected level (see evaluation system).

The teaching center develops the management of clinical practices through the coordinators, who work in conjunction with the associated clinical professors. The latter are professors-tutors of clinical practice whose function is the direct monitoring of the clinical learning of students while serving as a union between theoretical teaching and welfare practice. This teaching staff meets the optimal conditions for this subject, paying special attention to their specialization, the technical and theoretical knowledge required and a great knowledge of the healthcare environment.

General regulations and important information for the student of the Grade Practicum:

<http://www.fif.udl.cat/ca/practiques/alumnes/>

From the coordination of the practicum it is reported that all students must be vaccinated with the basic vaccines (among which you will have to count, COVID, hepatitis and tetanus) before beginning the clinical practice periods. If you are not up-to-date with vaccinations, contact your Primary Care center to proceed to the first-vaccinations or re-vaccinations according to the case. In the event that a student is not vaccinated, they must assume the measures that the centers require to carry out the practices in their facilities, the FIF will not be able to exempt the student from these measures or ensure the performance of the practices, therefore, where appropriate, it is necessary for the student to consult with the coordination of the subject before enrolling.

Information on the transmission and recording of personal data of teachers and students at the University of Lleida as a result of teaching at UdL facilities and at a distance. The University of Lleida informs that, depending on the changes it is obliged to make in accordance with the instructions of the health authorities, the provisions for mobility or the quality assurance of teaching, it may transmit, record and use the image, voice or, where appropriate, the physical environment chosen by the teachers and students, with the aim of teaching in UdL facilities or at a distance.

In turn, it encourages those affected to choose the spaces that have the least impact on their privacy in the case of distance teaching. And, in general, it is recommended to preferably opt for interactions in the chat room or without activating the camera, when no teaching activities are being carried out which, due to their characteristics, require oral or visual interaction.

The University of Lleida (UdL) is responsible for the recording and use of this personal data (data from Representative's contact: General Secretariat. Plaça de Víctor Siurana, 1, 25003 Lleida; sg@udl.cat ; details contact of the data protection delegate: dpd@udl.cat).

These personal data will be used exclusively for the purposes inherent to the teaching of the subject. In particular, the recording fulfils the following functions: To offer the possibility of accessing the contents online and, where appropriate, asynchronous training.

To guarantee access to the content to students who, for technological, personal or health reasons, among others, have not been able to participate.

To provide study material for the preparation of the assessment. It is absolutely forbidden to use the data transmitted and the recordings for other purposes, or in areas outside the Virtual Campus, where they will remain stored, in accordance with the intellectual and industrial property policy of all the content included on websites owned by the UdL.

If there are any, the recordings will be kept for the time decided by the teacher of the subject, in accordance with strictly academic criteria, and, at most, must be removed at the end of the current academic year, under the terms and conditions set out in the regulations on the conservation and removal of UdL administrative documents and the documentary evaluation tables approved by the Generalitat de Catalunya (<http://www.udl.cat/ca/serveis/arxiu/>).

This personal data is essential for teaching the subject, and the definition of teaching procedures, particularly for distance learning, is a power of the UdL in the framework of its right to university autonomy, as provided in articles 1.1 and 33.1 of Organic Law 6/2001, of 21 December, on universities. For this reason, the UdL does not need the consent of the people affected by transmitting or recording their voice, image and, where appropriate, the physical environment they have chosen, for this exclusive purpose, to teach the subject.

The UdL will not pass on the data to third parties, except in the cases strictly provided for by law. Data subjects may access their data; request its rectification, deletion or transfer; object to its processing and request its limitation, provided that it is compatible with the purpose of the teaching, by writing to dpd@udl.cat . They may also submit a complaint to the Catalan Data Protection Authority through the Authority's electronic headquarters (<https://seu.apd.cat>) or by non-electronic means.

UNIFORM

It is MANDATORY for students to wear during their internships:

- - White sanitary set UdL

It can be purchased in the Udels shop of the UdL;
Centre for Cultures and Cross-Border Cooperation - Campus Capponet
Calle de Jaume II, 67 bajos
25001 Lleida

<http://www.publicacions.udl.cat/>

For further information, please consult the product sheets:

<http://www.infermeria.udl.cat/ca/index.html> - FORMATIVE PLAN - INDIVIDUAL PROTECTION EQUIPMENT

For other protective equipment (e.g. gloves, respirators, etc ... will depend on the type of practice to be performed. In this case, the responsible teacher will inform if it is necessary to use these specific PPE. Not wearing the PPE described or not complying with the general safety standards detailed below will result in the student not being able to access the laboratories or having to leave them.

GENERAL SAFETY STANDARDS FOR SKILLS CLASSROOMS

- To keep the place of accomplishment of the practices clean and orderly.
- The work table should be free of backpacks, folders, coats ...
- Wear closed and covered footwear during the practices.
- To take the long hair always gathered.
- Do not wear bracelets, pendants or wide sleeves that can be trapped by equipment, assemblies ...
- Do not eat or drink inside the laboratory.
- Wash your hands whenever you come into contact with any chemical product and before leaving the laboratory.
- Follow the teacher's instructions and ask any questions about safety.

Learning objectives

The main objective of the third-year internship is for the student to reinforce the acquired skills in first and second year and carry out their first specialized practicum (health of women and children and attention to old people). Its function is to observe and assess, diagnose and develop care plans adapted to the healthy person or sick, putting theoretical knowledge into practice, applying it to care, providing care necessary nursing skills and the skills acquired in the first and second year skills classrooms.

Learning outcomes:

- Identify the level of nursing competence within the health system, as well as base the action professional in nursing responsibility and functions, according to professional standards.
- Provide professional health care in accordance with the manifest needs of users / patients / families / community.
- Ensure in the practice of care the rights of patients while preserving the principles ethics as a priority and according to their beliefs and values.
- Maintain the confidentiality of patient data and professional secrecy.
- Apply the ethical code of the nursing profession.
- Support care on scientific evidence and available means.
- Assess patients in a systematic and holistic way through a standardized model.
- Actively participate in the healthcare team
- Show initiative and be critical of their own actions and that of other professionals.
- Plan patient care through the PAE
- Use drugs and products based on the nurse's prescription
- Carry out nursing procedures taking into account the characteristics of the context and the specific characteristics of their receptors.
- Administer drugs and other therapies safely.
- Develop the autonomous role and that of collaboration according to the level of competence required in each situation.
- Demonstrate ability in problem solving and clinical decision making.
- Elaborate reasoned and evidence-based clinical judgments.
- Encourage users / patients / community interventions for promotion, prevention and cure according to your health situation.
- Ensure the comfort of all patients, especially attention to the most vulnerable due to age or health situation (disability, end-of-life care, among others...)
- Promote the active participation of patients in self-care activities.
- Plan and carry out health education on healthy habits and knowledge that facilitate users taking care of their own health
- Establish a good relationship and effective communication with patients and relatives Ensure proper use of facilities and materials
- Anticipate risk situations and act accordingly avoiding harm to patients, family, colleagues and own.

Competences

Basic:

CB2- Apply their knowledge to their work or vocation in a professional way and have the skills that are usually demonstrated through the development and defense of arguments and problem solving within his study area.

CB3- Ability to gather and interpret relevant data (usually within their area of study) to make judgments that include a reflection on relevant issues of a social, scientific or ethical nature.

CB4- Being able to transmit information, ideas, problems and solutions to a public both specialized and not specialized.

Specific:

CE5- Use of medications, evaluating the expected benefits and associated risks and/or effects derived from its administration and consumption

CE12- Establish an empathic and respectful relationship with the patient and family, according to the situation of the person, health problem and stage of development.

CE13- Use strategies and skills that allow effective communication with patients, families and social groups, as well as the expression of their concerns and interests.

CE14- Recognize life-threatening situations and know how to perform basic and advanced life support maneuvers.

CE18- Apply the nursing process to provide and guarantee the well-being, quality and safety of the people served.

CE20- Direct, evaluate and provide comprehensive nursing care to the individual, family and community.

CE23- Promote the participation of individuals, families and groups in their health-disease process.

CE28- Educate, facilitate and support the health and well-being of community members, the lives of who are affected by health problems, risk, suffering, illness, disability or death.

CE32- Carry out nursing care techniques and procedures, establishing a relationship therapy with patients and relatives.

CE34- Have a cooperative attitude with the different members of the team.

CE52- Provide care, guaranteeing the right to dignity, privacy, intimacy, confidentiality and decision-making capacity of the patient and family.

CE53- Individualize care considering age, gender, cultural differences, ethnic group, beliefs and values.

Transversals:

CT4- Acquire basic knowledge of entrepreneurship and professional environments

Generic:

CG1- Ability to adapt to new situations

Subject contents

Master classes and simulation seminars:

- Continuous medication via SC
- Prevention and treatment of pressure ulcers
- Central line care
- Medication and venipuncture in pediatrics
- Arterial blood gases
- Parenteral nutrition
- Immobilizations
- Surgical hand washing
- Patient safety

Clinical practices:

The student, in order to do the internship, must obtain a pass grade in the skills classrooms, this form demonstrates that she has learned and assimilated the knowledge and skills of the basic procedures and the care to be able to carry them out in clinical practices.

In this course each student will complete 4 periods of practice (2 periods in PC III [100675] and 2 periods in PC IV [100676])

- PCIII: Period 1 (P1) and Period 2 (P2)
- PCIV: Period 3 (P3) and Period 4 (P4)

Periods:

- In accordance with the academic calendar established by the university

Methodology

For the correct development of the subject, the following teaching methodologies will be carried out:

- Master classes.
- Seminars.
- Reflexive diary.
- Practical Classes: demonstration and/or simulation room.
- Care practices.

Given the uncertain situation that the social distancing measures established by the authorities health authorities do not allow the development of any teaching activity in person in the classroom for all enrolled students, a mixed modality of teaching will be adopted that combines this face-to-face teaching in the classroom with distance teaching. In the same way, tutoring may be replaced by tutoring at distance using telematic means.

JUSTIFICATION OF ABSENCES IN THEORETICAL-PRACTICAL SUBJECTS

In relation to the justification of the absences, the reasons for which the absence is considered to be justified, will be the same as those stated in point 3.1 of the Regulation of l'Avaluació i la qualificació de teaching in the undergraduate and master's degrees at the UdL in order not to attend the assessment tests or internships programmed in the teaching guide or on the degree website.

For the rest of situations derived from health, personal or family problems, the student to change the day and make up the seminar/practice during the week, if possible, taking Keep in mind that it is not possible to double shift in all those services that offer another type of recovery.

Requests for justification of absences that lead to failure to attend an assessment test or practice day must be submitted the same day of absence. The justification of the rest of absences It must be presented at the latest in the following 10 days. In general, the student will only be justified for the absence, but not for the lack of compliance with their academic commitments.

All changes or recoveries must be accepted by the tutor of the unit, the coordinator of the subject and registered in the virtual campus prior to carrying out the practice.

Failure to comply with these requirements may be considered a serious offense that may entail suspension of the internship period.

Development plan

FORMATION ACTIVITIES:

Seminars and Skills Classrooms

The theoretical-practical seminars will be carried out depending on the calendar prepared for this purpose and that It will be brought to the knowledge of the students at the beginning of the course.

Practical activities / skills classrooms is a type of training where through the methodology of immersive simulation the student practices, before going to the assistance services, the necessary skills for the development of competencies for the care of healthy and sick people. All the classes in the skills classrooms are compulsory and the student will not be able to start the clinical practices without having reached the minimum level in each of the classrooms.

The Practicum coordinators will establish the forms of recovery, in case the student does not has been able to carry out a class with justified reasons.

Changes are allowed with justification and 1 to 1 with another student, otherwise it will be considered a serious offense.

THE INTERNSHIP PERIOD

Clinical Practices:

Once the theoretical and pre-clinical part has been passed, the student will do the scheduled internships that will last 8 hours a day, in the morning from 7:30 a.m. to 3:30 p.m., afternoon from 2:30 p.m. to 10:30 p.m. or night, if

applicable. In cases of centers or services with different hours, the student must always adapt to the center's hours. ensuring the minimum duration of 8 hours per day). The students will be governed by the festive calendar of the town in question. This organization can only be changed for justified reasons (medical or academic) and prior authorization from the coordinator and registration.

Clinical practical credits are carried out through a learning methodology centered on the student, leading his own learning, and giving him the opportunity to acquire competence necessary for the development of optimal professional practice, while encouraging reflection and self-criticism. It must be taken into account that the student will always be accompanied or by a professional nurse in all care activities required by the patient (care, controls, preparation and administration of medication, techniques, information, education, etc...) or by delegation accompanied by an assistant nursing in tasks such as hygiene and patient bed; activities that the student will carry out with a professional nurse or accompanied by a nursing assistant.

The assignment, as a general rule, will be made by the coordination of the subject and following the mobility guidelines and allocation of practice sites of the FIF.

The assignment, as a general rule, will be carried out by the coordination of the subject and following the FIF mobility guidelines and practice site assignment. The student, within the 4 periods that he has to complete, will have to do, at least one period, in a conventional adult hospitalization unit.

The modification of the practice sites may be carried out by the coordinator (if he considers that all the services are similar and/or does not spend a period in an adult hospitalization unit) or because the internship center due to needs, change in the center's operation, etc.

Likewise, the student will have to complete a period in the morning shift, one in the afternoon shift and one in the afternoon shift night, unless there is a very important cause that justifies the impossibility of carrying out any of the shifts in particular, a fact that will be valued by the coordination.

Students who work will have to present an employment contract or certificate from the company where it will be specified the working hours.

Students must follow the regulations of the practice center and the UDL in relation to COVID19 or other possible outbreaks of communicable diseases.

Practice journal

Written work where the student collects different documents and evidence that he prepares during the clinical practices, in order to demonstrate their trajectory and development of competencies (reflective diary, development of a topic of interest, nursing assessment of a patient)

Evaluation

FIRST EVALUATION EVIDENCE: Note from the skills classrooms (15%)

The attitude and aptitude will be taken into account, as well as the mark of the evaluation test that will be carried out in each topic through the corresponding rubric.

This section must be passed with a minimum grade of 5.

- 50% Exam (before classes A, B, C, D, E and F):
 - 10 quiz questions
 - A "10" supposes 0.25 points more in the final grade of the A / H, a failing 0.5 points less.
- 50% attitude and aptitude to Skills

Classroom Absence in theoretical or practical classes entails a penalty of 0.5, for absence, in the final grade of the A/H.

SECOND AND THIRD EVALUATION EVIDENCE: Note from clinical practices (85% BETWEEN THE TWO)

The student's attitudes and abilities will be evaluated through the observation and use of a specific rubric:

- Average of the final grade of the periods (80% of the grade is the assistance part and the remaining 20% the reflexive diary)

FINAL NOTE OF THE SUBJECT

Average of the two final grades of each period, distributed as follows:

- PCIII: average of the final grade of the 1st and 2nd period
- PCIV: average of the final grade of the 3rd and 4th period

Attendance at practices is mandatory and therefore ALL ABSENCES ARE RECOVERABLE AND MUST JUSTIFY, it is essential to complete 100% of the scheduled hours and comply with the regulations of practices established by the University.

If a student does not get a 5 in practice grade in any period, they will not do average with the work and will be suspended for the entire period.

Any evidence that has a plagiarism percentage greater than 50% or that is delivered after the deadline will not be corrected and it will be graded directly with a 0. Evidence between 20 and 49% of plagiarism will be analyzed individually.

The student must pass each of the parts of the assessment and practice periods separately to be able to ponder and pass the subject.

Qualification: The maximum qualification of the subject is HONORS, except in mobility that the maximum grade will be EXCELLENT.

Mobility: Official mobility is accepted in this subject in accordance with the guidelines for assignment of FIF practice positions. In the event that all the internships are carried out at the host university, the Skills classrooms will not be mandatory, otherwise (there are a number of practices that are carried out in the places of practices that are not mobility) the skills classrooms are mandatory following the chronology established in the academic calendar.

Single assessment: This course does not have a single assessment option.

Bibliography

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