



Universitat de Lleida

## DEGREE CURRICULUM

# **CLINICAL PRACTICES II**

Coordination: BLANCO BLANCO, JUAN

Academic year 2022-23

## Subject's general information

Subject name	CLINICAL PRACTICES II			
Code	100474			
Semester	ANUAL CONTINUED EVALUATION			
Typology	Degree	Course	Character	Modality
	Bachelor's Degree in Nursing	2	COMPULSORY	Attendance-based
	Double bachelor's degree: Degree in Nursing and Degree in Physiotherapy	2	COMPULSORY	Attendance-based
	Grau en Infermeria (R 2016 - Ig)	2	COMPULSORY	Attendance-based
Course number of credits (ECTS)	12			
Type of activity, credits, and groups	Activity type	PRACLIN		
	Number of credits	4.8		
	Number of groups	2		
Coordination	BLANCO BLANCO, JUAN			
Department	NURSING AND PHYSIOTHERAPY			
Important information on data processing	Consult <a href="#">this link</a> for more information.			
Language	Català i Castellà			
Distribution of credits	12 ECTS			

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
BALLESTE TORRALBA, JORDI	jordi.balleste@udl.cat	0	
BAÑERES ARGILES, CECILIA	cecilia.baneres@udl.cat	0	
BERGE GIMENEZ, AUREA	aurea.berge@udl.cat	0	
BLANCO BLANCO, JUAN	joan.blanco@udl.cat	2,7	
BOBILLO MONTES, YOLANDA	yolanda.bobillo@udl.cat	0	
CABAU BOBET, DOLORS	dolors.cabau@udl.cat	5	
CACERES BECERRA, MANUEL MARIANO	manuel.caceres@udl.cat	9	
CALDERO SOLE, MIQUEL ANGEL	miquelangel.caldero@udl.cat	8,5	
CAMPO ALEDO, SUSANNA	susanna.campo@udl.cat	0	
COSTA MENEN, MARIA ANGELES	angeles.costa@udl.cat	0	
DALMAU TEIXIDO, M. ANTONIA	marian.dalmau@udl.cat	0	

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
DOMENECH SOROLLA, JORDINA	jordina.domenech@udl.cat	0	
FARRE OLIVA, DOMENEC	domenec.farre@udl.cat	9	
FARRE PAGES, NURIA	nuria.farrepages@udl.cat	0	
FAURIA GARCIA, YOLANDA	yolanda.fauria@udl.cat	0	
FERRER GIL, MARIA	maria.ferrer@udl.cat	0	
FOLGUERA ARNAU, MARIA MERCE	merce.folguera@udl.cat	0	
GAMERO DIAZ, MARIA DEL MAR	mar.gamero@udl.cat	0	
GARCIA CUADRAT, ESTHER MARIA	esther.garciacuadrat@udl.cat	0	
GARCIA LEON, CRISTINA	cristina.garcialeon@udl.cat	0	
GARCIA SOLANES, EDITH	edith.garcia@udl.cat	0	
GROS NAVES, SILVIA	silvia.gros@udl.cat	0	

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
LAGO PORREDON, CLARA	clara.lago@udl.cat	0	
LAVERNIA PRADES, MARIA JOSEFA	mariajose.lavernia@udl.cat	0	
LEMUS VALERO, MARIA JOSE	mariajose.lemus@udl.cat	0	
LORIENTE BARDAJI, BLANCA	blanca.loriente@udl.cat	0	
MABRAS MORALES, CLARA	clara.mabras@udl.cat	0	
MARTI CALAF, MARIA ISABEL	mariaisabel.marti@udl.cat	0	
MEDEL VILLAR, DANIEL	daniel.medel@udl.cat	3	
PALLARES PALLARES, FRANCISCO JAVIER	franciscojavier.pallares@udl.cat	3	
PEREZ HORCAJO, JUAN MANUEL	juanmanuel.perez@udl.cat	0	
PIÑOL RABINAT, MARTA	marta.pinol@udl.cat	0	
PORTELLA TORRENT, ESTER	esther.portella@udl.cat	0	

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
POSTIC BIJAVICA, TIJANA	tijana.postic@udl.cat	3	
RAMIREZ GARCIA, ANABEL	anabel.ramirez@udl.cat	6	
RODA VELA, ROSA MARIA	rosamaria.roda@udl.cat	0	
ROGEL VILANOVA, MARINA	marina.rogel@udl.cat	0	
SAN JOSE RIBA, MIREIA	mireia.sanjose@udl.cat	0	
SANCHEZ BERNAL, LAURA	laura.sanchezbernal@udl.cat	0	
SANCHEZ PASCUAL, NAZARET	nazaret.sanchez@udl.cat	0	
SANTESMASES SOTERES, RAMON	ramon.santesmases@udl.cat	6	
SEGURA MINGUELLA, ANNA	anna.segura@udl.cat	0	
SETO GORT, ELOISA	eloisa.seto@udl.cat	0	
SICART LONCAN, SILVIA	silvia.sicart@udl.cat	0	

Teaching staff	E-mail addresses	Credits taught by teacher	Office and hour of attention
SOLE MIRASOL, JANET	janet.sole@udl.cat	0	
TALO SOLE, MARIA MERCEDES	merce.talo@udl.cat	0	
TEIXINE MARTIN, ANNA	anna.teixine@udl.cat	0	
TORMO GASA, SILVIA	silvia.tormo@udl.cat	0	
TORRA BOU, JOAN ENRIC	joanenric.torra@udl.cat	3	
TORRES PIFARRE, MARIA MAGDALENA	magdalena.torres@udl.cat	0	
VERGES RULLO, ALBA	alba.verges@udl.cat	9	
VIVIER NIETO, MARC LAURENT	marc.vivier@udl.cat	0	

## Subject's extra information

**(The information on this subject has been automatically translated from the Catalan language that will always be the reference guide for any question. Contact the subject coordination for any clarification)**

The Clinical Practices are preclinical practices, in the form of independent clinical rotary and with a final evaluation of competences, in the Primary Care Centers, hospitals and other assistance centers that allow the independent competence development of the nursing students, this progress is progressive and gradual through the different courses.

The subjects linked to the Clinical Practices are mandatory. They are divided into 7 subjects with different credits according to the course, appearing increasingly; that is to say in the first a single subject of 6 ECTS, second a subject of 12, in third two subjects of 12 and in fourth, three subjects, two of 12 ECTS and one of 15. These subjects focus on the attention of the person throughout its life cycle and in the different healthcare contexts: hospital, community, social care, residential and, among others, more specific, such as mental health. Its purpose is the development, in a real context, of nursing care in activities of prevention, promotion, treatment or

accompaniment of healthy or sick people, groups of people or society.

The contents of the practices are related to the course and the expected competence level of the student body.

The first year are aimed at discovering the health context and a first contact with the care context, the second are located in basic hospital units and aim to train in the basic nursing techniques, the third course involve a reinforcement of the practices of the second course on one side and the attention to the pregnant woman, the child and the elderly person is introduced and in the fourth year different itineraries are proposed for the students to know the specialized units and the attention to the community. The teaching methodology has two axes: the preparation activities (theoretical classes, seminars on topics with a clear implication in the attention to the person and practical classes on nursing techniques) and the welfare practices. In the assistance practices, direct attention to the person is collected, collaboration with the care teams, clinical case work in the healthcare center or tutorials, plus personal work associated basically with the preparation of reports or memoirs of practices

The evaluation system consists of three evidences: 1, evaluation of preclinical preparation activities; 2, students' elaboration of the reports or memories of clinical practice, and three, competence assessment of the process in the specific context of the practices by the professional responsible for the student. For the clinical practices, different instruments or rubrics have been developed that allow the competence assessment for a specific signature according to the expected level (see evaluation system).

The teaching center develops the management of clinical practices through the coordinators, who work together with the associate clinical professors. These are teachers-tutors of clinical practice, the function is the direct follow-up of the clinical learning of the students while they serve as a union between the theoretical teaching and the care practice. This professor gathers the optimal conditions for this subject, attending to his specialization assistance, to the technical and theoretical knowledge required and to or great knowledge of the assistance environment.

In this first-year practicum, both the classroom of skills and the clinical practices are carried out so that the student reaches the competences related to the basic care of the person and is a first contact with the world of care.

## General rules and important information for the student of the Degree

**Practicum:** <http://www.fif.udl.cat/ca/practiques/alumnes/>

**From the coordination of the practicum it is strongly recommended that all students be vaccinated of the basic vaccines (among which they must count, COVID, hepatitis and tetanus) before beginning their periods of clinical practices. If you are not aware of vaccinations, contact your primary care center to proceed with the first vaccination or re-vaccination as appropriate.** In the event that a student is not vaccinated, they must assume the measures that the centers require to carry out the practices in their facilities, the FIF will not be able to exempt the student from these measures or ensure the performance of the practices, therefore, where appropriate, it is necessary for the student to consult with the coordination of the subject before enrolling.

## Information on the transmission and recording of personal data of teachers and students at the University of Lleida as a result of teaching at UdL facilities and at a distance

The University of Lleida informs that, depending on the changes it is obliged to make in accordance with the instructions of the health authorities, the provisions for mobility or the quality assurance of teaching, it may transmit, record and use the image, voice or, where appropriate, the physical environment chosen by the teachers and students, with the aim of teaching in UdL facilities or at a distance.

In turn, it encourages those affected to choose the spaces that have the least impact on their privacy in the case of distance teaching. And, in general, it is recommended to preferably opt for interactions in the chat room or without activating the camera, when no teaching activities are being carried out which, due to their characteristics, require oral or visual interaction.

The University of Lleida (UdL) is responsible for the recording and use of this personal data (data from Representative's contact: General Secretariat. Plaça de Víctor Siurana, 1, 25003 Lleida; sg@udl.cat ; details contact of the data protection delegate: dpd@udl.cat ).

These personal data will be used exclusively for the purposes inherent to the teaching of the subject. In particular, the recording fulfils the following functions

To offer the possibility of accessing the contents online and, where appropriate, asynchronous training.

To guarantee access to the content to students who, for technological, personal or health reasons, among others, have not been able to participate.

To provide study material for the preparation of the assessment.

It is absolutely forbidden to use the data transmitted and the recordings for other purposes, or in areas outside the Virtual Campus, where they will remain stored, in accordance with the intellectual and industrial property policy of



all the content included on websites owned by the UdL.

If there are any, the recordings will be kept for the time decided by the teacher of the subject, in accordance with strictly academic criteria, and, at most, must be removed at the end of the current academic year, under the terms and conditions set out in the regulations on the conservation and removal of UdL administrative documents and the documentary evaluation tables approved by the Generalitat de Catalunya ( <http://www.udl.cat/ca/serveis/arxiu/> ).

This personal data is essential for teaching the subject, and the definition of teaching procedures, particularly for distance learning, is a power of the UdL in the framework of its right to university autonomy, as provided in articles 1.1 and 33.1 of Organic Law 6/2001, of 21 December, on universities. For this reason, the UdL does not need the consent of the people affected by transmitting or recording their voice, image and, where appropriate, the physical environment they have chosen, for this exclusive purpose, to teach the subject.

The UdL will not pass on the data to third parties, except in the cases strictly provided for by law. Data subjects may access their data; request its rectification, deletion or transfer; object to its processing and request its limitation, provided that it is compatible with the purpose of the teaching, by writing to [dpd@udl.cat](mailto:dpd@udl.cat) .

They may also submit a complaint to the Catalan Data Protection Authority through the Authority's electronic headquarters ( <https://seu.apd.cat> ) or by non-electronic means.

## UNIFORM

It is MANDATORY for students to wear during their internships:

- White sanitary set UdL

It can be purchased in the Udels shop of the UdL;

Centre for Cultures and Cross-Border Cooperation - Campus Capponet

Calle de Jaume II, 67 bajos

25001 Lleida

<http://www.publicacions.udl.cat/>

For further information, please consult the product sheets:

<http://www.infermeria.udl.cat/ca/index.html> - FORMATIVE PLAN - INDIVIDUAL PROTECTION EQUIPMENT

For other protective equipment (e.g. gloves, respirators, etc ... will depend on the type of practice to be performed.

In this case, the responsible teacher will inform if it is necessary to use these specific PPE. Not wearing the PPE described or not complying with the general safety standards detailed below will result in the student not being able to access the laboratories or having to leave them.

## GENERAL SAFETY STANDARDS FOR SKILLS CLASSROOMS

- To keep the place of accomplishment of the practices clean and orderly.
- The work table should be free of backpacks, folders, coats ...
- Wear closed and covered footwear during the practices.
- To take the long hair always gathered.
- Do not wear bracelets, pendants or wide sleeves that can be trapped by equipment, assemblies ...
- Do not eat or drink inside the laboratory.
- Wash your hands whenever you come into contact with any chemical product and before leaving the laboratory.
- Follow the teacher's instructions and ask any questions about safety.

## Learning objectives

The main objective of the second year course is that the student reaches the necessary skills to carry out the basic techniques of nursing.

Its role is to observe and evaluate, diagnose and elaborate a care plan to adapt to the healthy or sick person, by implementing theoretical knowledge, applying it to care, providing the necessary nursing care and Skills acquired in the first and second year class.

### Learning outcomes:

- Identify the nursing competence level within the health system, as well as basing the professional performance on the responsibility and functions of nurses, according to professional standards.
- Provide a professional health care according to the manifest needs of the users / patients / families / community.

- Ensure in the practice of care the rights of patients by keeping ethical principles as a priority and according to their beliefs and values.
- Maintain the confidentiality of patient data and professional secrecy.
- Apply the ethical code of the nursing profession.
- Sustain care in scientific evidence and available means.
- Evaluate patients in a systematic and holistic way through a standardized model.
- Actively participate in the healthcare team
- Show initiative and be critical of your own actions and that of other professionals.
- Plan care for patients through the PAE
- Use drugs and products based on nurse prescription
- Perform the nursing procedures according to the characteristics of the context and the specific characteristics of the recipients of the same.
- Administer drugs and other therapies safely.
- Develop the autonomous role and collaboration according to the level of competence required in each situation.
- Demonstrate ability to solve problems and make clinical decisions.
- Elaborate reasoned and evidence-based clinical judgments.
- Promote in the users / patients / community interventions of promotion, prevention and healing according to their health situation.
- Ensure the comfort of all patients, especially care for the most vulnerable by age or health situation (disability, care at the end of life, among others ..)
- Promote the active participation of patients in self-care activities.
- Plan and carry out health education on healthy habits and knowledge that make it easier for users to take care of their own health
- Establish a good relationship and effective communication with patients and family
- Ensure the correct use of facilities and materials
- Prevent situations of risk and act accordingly avoiding the harm of patients, family members, partners and their own.

## Competences

### Basic:

CB2- Apply their knowledge to their work or vocation in a professional manner and possess the skills that are usually demonstrated through the elaboration and defense of arguments and problem solving within their area of study.

CB3- Ability to gather and interpret relevant data (usually within their area of study) to make judgments that include a reflection on relevant social, scientific or ethical issues.

CB4- Being able to transmit information, ideas, problems and solutions to a specialized and non-specialized public.

### Specific:

CE5- Use of medicines, evaluating the expected benefits and the associated risks and / or effects derived from their administration and consumption

CE12- Establish an empathetic and respectful relationship with the patient and family, according to the person's situation, health problem and stage of development.

CE13- Use strategies and skills that allow effective communication with patients, families and social groups, as well as the expression of their concerns and interests.

CE14- Recognize life-threatening situations and know how to execute basic and advanced life support maneuvers.

CE28- Educate, facilitate and support the health and well-being of the members of the community, the lives of those affected by health problems, risk, suffering, illness, disability or death.

CE32- Carry out nursing care techniques and procedures, establishing a therapeutic relationship with patients and relatives.

CE34- Have a cooperative attitude with the different members of the team.

CE52- Provide care, guaranteeing the right to dignity, privacy, privacy, confidentiality and decision-making capacity of the patient and family.

CE53- Individualize care considering age, gender, cultural differences, ethnic group, beliefs and values.

## **Transverse:**

CT4- Acquire basic knowledge of entrepreneurship and professional environments

## **Generic:**

CG1- Ability to adapt to new situations

## Subject contents

### **Master classes and simulation seminars:**

- Insulations
- Clinical laboratory
- Drains
- Practical pharmacology and intravenous medication (not serums)
- Information and registration systems
- SNG and gastrostomy
- Airway: tracheotomy, guedel, aspirations and oxygen therapy II
- Venoclysis. Blood extraction
- Medication: IM and ID
- Bladder catheterization: Permanent and bladder lavage
- Serum therapy

### **Clinical practices:**

The student, to be able to do the practices, must obtain a qualification of apt in the classrooms of skills, in this way demonstrates that he has learned and assimilated the knowledge and skills of the basic procedures and the cares to be able to carry them out in the clinical practices

In this course, each student will complete 2 internship periods that are divided into the following services or units:

- Hospitalization Units

### **Periods:**

According to the academic calendar

## Methodology

For the correct development of the subject the following teaching methodologies will be carried out:

- Master classes.
- Seminars
- Individual work.

- Practical classes: demonstration room and / or simulation.
- Assistance practices.

Given the uncertain situation that the social distancing measures established by the health authorities do not allow the development of some teaching activity in the classroom for all enrolled students, a mixed teaching modality will be adopted that combines this classroom teaching with distance teaching. In the same way, tutoring may be replaced by remote tutoring using telematic means.

## **ABSENCE JUSTIFICATION OF THEORETICAL-PRACTICAL SUBJECTS**

In relation to the justification of absences, the reasons for which the absence is considered to be justified will be the same as those set out in point 3.1 of the Regulations for the assessment and qualification of teaching in the degrees and masters at the UdL for not attending the assessment tests or practical scheduled in the teaching guide or on the website of the degree.

For other situations arising from health, personal or family problems, students will be allowed to change the day and make up the seminar/practice during the week, if possible, bearing in mind that it is not possible to double up in all those services that offer another type of recovery.

Requests for justification of absences that involve failure to attend an assessment test or day of practice must be submitted on the same day of the absence. The justification for other absences must be presented at the latest within the following 10 days.

In general, students will only be excused for absence, but not for failure to fulfil their academic commitments.

All changes or recoveries will have to be accepted by the unit tutor, the subject coordinator and registered in the virtual campus before the practice is carried out.

Failure to comply with these requirements may be considered a serious offence that may lead to the suspension of the internship period.

## **Development plan**

### **Training activities**

#### **Seminars and Skill Classrooms**

The theoretical-practical seminars will be carried out depending on the calendar drawn up for this purpose and that will be made known to the students at the beginning of the course.

Practical activities / classrooms is a type of training where, through the immersive simulation methodology, the student practices, prior to going to the healthcare services, the skills necessary to develop skills to care for healthy and sick people.

All classes in the classroom of skills are compulsory and the student will not be able to initiate the clinical practices without having reached the minimum level in each one of the classrooms.

The Practicum coordinators will establish the forms of recuperation, in the event that the student has not been able to take a class for justified reasons.

Changes are allowed with justification and 1 to 1 with another student, otherwise it will be penalized in the final grade.

### **The period of internships**

Clinical Practices: Once the student has passed the theoretical and pre-clinical part, they will do the programmed practices that will last 8 hours a day, in the morning from 7:30 to 15:30, and in the afternoon from 14:30 to 22 : 30 or night if applicable. In cases of centers or services with different schedules, the student must adapt to the center's schedule, always ensuring the minimum duration of 8 hours per day). The students will be governed by the festive calendar of the town in question. This organization can only be changed for justified reasons (medical or academic) and with prior authorization from the coordinator and registration.

Clinical practical credits are carried out through a student-centered learning methodology, leading this one to their

own learning, and giving them the opportunity to acquire the necessary skills to develop a practice Optimal professional, while encouraging his reflection and self-criticism

It should be taken into account that the student will always be accompanied by a professional nurse in all the healthcare activities required by the patient (care, controls, preparation and administration of medication, techniques, information, education, etc.) or by delegation accompanied by a nursing assistant in tasks such as hygiene and patient bed; activities that the student will perform with a professional nurse or accompanied by a nursing assistant. The assignment will be made by the coordination of the subject and following the mobility guidelines and assignment of places of practices of the FIF.

Students must follow the regulations of the internship center and the UDL in relation to COVID19 or other possible outbreaks of communicable diseases.

## Diary of internships

Written work where the student compiles different documents and evidences that he elaborates during the clinical practices, in order to demonstrate his path and development of competences (ex: thoughtful newspaper, development of an issue of interest, assessment of a patient's nurse )

## Evaluation

### FIRST EVALUATION EVALUATION: Note of the classrooms of abilities (15%)

The attitude and the aptitude will be taken into account as well as the note of the evaluation test that will be carried out in each subject through the corresponding heading. You must pass this section with a minimum of 5 marks.

- 50% Exam (before classrooms A, B, C, D, E and F):
  - or 10 test questions
  - or A "10" means 0.25 points more in the final note of the A / H, a suspense 0.5 points less.
- 50% attitude and aptitude to Aula de habilidades
- Absence in the theoretical or practical classes supposes a penalty of 0.5, by absence, to the final note of the A / H.

### SECOND AND THIRD EVALUATION EVALUATION: Note of the clinical practices (85% BETWEEN THE TWO)

The attitudes and abilities of the student will be evaluated by observing and using a specific heading:

- Average of the final mark of the periods (80% of the note is the healthcare part and the remaining 20% the is the reflective diary)

The attendance to practices is mandatory and therefore ALL ABSENCES ARE RECOVERABLE AND TO BE JUSTIFIED, it is essential to complete 100% of the scheduled hours and to comply with the regulations of practices established by the University.

There is the possibility of doing a voluntary internship period in the clinical analysis service that may slightly modify the final grade for the course.

Any evidence with a plagiarism rate of more than 50% will not be corrected and will be graded directly with a 0. Evidence between 20 and 49% plagiarism will be analysed individually.

**If a student does not remove a 5 practice note in any period, he will not do the job and the whole period will be suspended.**

**The student must approve each of the parts of the assessment separately and practice periods in order to be able to ponder and pass the subject.**

**Qualification: The maximum qualification of the subject is Honors.**

**Mobility: Mobility is not accepted in this subject.**

**Unique evaluation: This course does not have a unique evaluation option.**

## Bibliography

- ALFARO-LEFEVRE R. Pensamiento Crítico, Razonamiento Clínico y Juicio Clínico en Enfermería. Un Enfoque Práctico. 7ª Ed. Madrid: Elsevier; 2021.
- BEIJINHO DO ROSARIO R, PÉREZ MIRANDA A, SALDAÑA MIRANDA A. Atlas gráfico de urgencias. Barcelona. SEMFYC; 2017.
- BICKLEY LS, SZILAGYI PG. Bates, Guía de exploración física e historia clínica. 10ª ed. Barcelona: Lippincott Williams & Wilkins; 2010.
- BULECHEK GM, BUTCHER HK. Clasificación de intervenciones de enfermería (NIC). 6ªed. Ámsterdam: Elsevier; 2013.
- CARPENITO-MOYET L. Planes de cuidados y documentación clínica en Enfermería. Madrid: McGraw-Hill-Interamericana; 2005.
- FORNES J. Enfermería de Salud Mental y Psiquiátrica. Valoración y cuidados. 2nd ed. Panamericana, editor. Madrid; 2011.
- GARCÍA HERNÁNDEZ M, GALLO ESTRADA J. Fundación para el Desarrollo de la Enfermería. Recursos geriátricos: valoración geriátrica integral. Madrid: FUDEN; 2011.
- GRANADA LÓPEZ JM. Manual de enfermería psiquiátrica. 1st ed. Editorial G, editor. Barcelona; 2009.
- HEATHER T, KAMITSURU S. NANDA International Nursing Diagnoses: Definitions & classification. Oxford: Wiley Blackwell; 2014.
- JOHNSON M, ESPINOSA I FRESENDO C. Vínculos de NOC y NIC a NANDA-I y diagnósticos médicos: soporte para el razonamiento crítico y la calidad de los cuidados. 3a ed. Barcelona: Elsevier; 2012.
- MOORHEAD S, JOHNSON M, MAAS LM. Clasificación de resultados (NOC). 5ª ed. Ámsterdam: Elsevier; 2013.
- POTTER PA, PERRY AG, STOCKERT PA, HALL AM. Fundamentos de Enfermería. 8a ed. Barcelona: Elsevier; 2015.
- SMITH S. Habilidades para Enfermería Clínica Vol I y II. Madrid: Pearson; 2017.