



DEGREE CURRICULUM

FAMILY AND COMMUNITY NURSING CARE 1

Coordination: MATEOS GARCIA, JOSE TOMAS

Academic year 2023-24

FAMILY AND COMMUNITY NURSING CARE 1 2023-24

Subject's general information

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|--|---|--------|------------|------------------|
| Subject name | FAMILY AND COMMUNITY NURSING CARE 1 | | | |
| Code | 100465 | | | |
| Semester | 1st Q(SEMESTER) CONTINUED EVALUATION | | | |
| Typology | Degree | Course | Character | Modality |
| | Bachelor's Degree in Nursing | 2 | COMPULSORY | Attendance-based |
| | Double bachelor's degree: Degree in Nursing and Degree in Physiotherapy | 3 | COMPULSORY | Attendance-based |
| Course number of credits (ECTS) | 6 | | | |
| Type of activity, credits, and groups | Activity type | PRAULA | TEORIA | |
| | Number of credits | 3 | 3 | |
| | Number of groups | 6 | 2 | |
| Coordination | MATEOS GARCIA, JOSE TOMAS | | | |
| Department | NURSING AND PHYSIOTHERAPY | | | |
| Teaching load distribution between lectures and independent student work | Lecture - Classroom 30 hours - Seminars 10 hours - Practical: resolution of cases, problems and exercises 20 hours - Tutorial 10 hours Independent student work -Group work 40 hours -Autonomous work 40 hours TOTAL: 150 HOURS | | | |
| Important information on data processing | Consult this link for more information. | | | |
| Language | Catalan, Spanish, English | | | |
| Distribution of credits | 6 ECTS: - Theoretical class: 50%. - Seminars: 50%. | | | |

| Teaching staff | E-mail addresses | Credits taught by teacher | Office and hour of attention |
|---------------------------|---------------------------|---------------------------|--------------------------------|
| LLUBES ARRIA, LAIA | laia.llubes@udl.cat | 3 | consult through virtual campus |
| MANUEL MARTI, BLANCA | blanca.manuel@udl.cat | 3 | consult through virtual campus |
| MARQUEZ VIDAL, ALICIA | | 3 | |
| MATEOS GARCIA, JOSE TOMAS | josestomas.mateos@udl.cat | 15 | consult through virtual campus |

Learning objectives

- Acquire the knowledge and skills necessary to be part of the primary health care team.
- To identify the factors related to health and the problems of the environment in order to attend to the person in a situation of health and disease, as well as a member of the family, group, and community
- Know the bases and applications of health promotion and education.
- Identify the importance of research and support it for the achievement of health objectives of the person and groups in nursing and general health care.

LEARNING OUTCOMES

- Identify the various nursing roles, responsibilities, and functions using epidemiological analysis and planning.
- Select key activities to effectively respond to the needs of the population and/or patients, identify the most vulnerable groups and establish evaluation criteria.
- Acquire skills to apply individual and group didactic techniques for designing educational material adapted to the population subjected to the intervention.
- Acquire skills to design an educational intervention and establish criteria and instruments for its evaluation through the planning of a health education program

Competences

Basics:

CB4 Be able to transmit information, ideas, problems and solutions to both specialized and non-specialized audiences.

Specific:

CE21. Ability to describe the fundamentals of the primary healthcare level and the activities to be developed to provide comprehensive nursing care to the individual, family and community.

CE22. Understand the role and activities and cooperative attitude that the professional has to develop in a Primary Health Care team.

CE27. Analyze statistical data referred to population studies, identifying the possible causes of health problems.

CE28. Educate, facilitate and support the health and well-being of community members whose lives are affected by health problems, risk, suffering, illness, disability or death.

CE33. Select interventions aimed at treating or preventing problems arising from health deviations.

CE34. Have a cooperative attitude with the different members of the team.

CE38. Identify the characteristics of the different stages of childhood and adolescence and the factors that condition the normal pattern of the growth and development.

CE50. Know and be able to apply group management techniques.

Transversal:

CT1 Acquire an adequate oral and written comprehension and expression of Catalan and Spanish.

CT2. Acquire a significant knowledge of a foreign language, especially English.

CT3 Acquire skills in the use of new technologies and information and communication technologies.

Subject contents

Module 1: Historical evolution of community nursing

Module 2: Primary Health Care (PHC)

Module 3: Nursing fundamentals: Care for the person and the family

Module 4: Nursing model and method in community nursing

Module 5: Health education models

Module 6: Community interventions (I). The community network. Social support. Community participation.

Module 7: Research in primary health care.

Module 8: Prevention and health promotion. Preventive activities: immunizations

Module 9: Comprehensive care in the home visit and socio-sanitary coordination.

Module 10: Teamwork: advantages and disadvantages. Conflict management in primary health care.

Methodology

Teaching methodologies

1. Lectures.
2. Seminars.
7. Written work.
10. Preparation of a project.
11. Problem solving.
13. Directed discussion.
14. Colloquiums and conferences

Development plan

The development plan in chronogram format of the course with the distribution and dates of the sessions will be posted in the resources space of the Virtual Campus.

| . | Learning activity | Hours dedicated to learning activities | Percentage of attendance |
|----|---|--|--------------------------|
| 1 | Participative theory class | 30 | 100% |
| 2 | Seminars | 10 | 100% |
| 4 | Group work | 40 | 0% |
| 5 | Autonomous tasks | 40 | 0% |
| 6 | Practice: solving cases, problems and exercises | 20 | 100% |
| 12 | Tutorization | 10 | 100% |
| | | 150 | |

The sessions may be recorded, for this reason, the Universitat de Lleida (UdL) informs that, for teaching purposes, it will record images that identify the students and other persons participating in the academic activities. The UdL is responsible for the treatment of these images. (contact details of the representative: General Secretary's Office. Plaza Víctor Siurana, 1, 25003 Lleida, sg@udl.cat; contact details of the data protection representative: dpd@udl.cat). These images are only used for teaching purposes, to evaluate the knowledge of the subject, and for teaching improvement projects. The use of the images responds to the legal obligation of the UdL to provide and improve university teaching, in accordance with the Ley Orgánica 6/2001, of December 21, 2001, on Universities. The images, once recorded, are preserved at least as long as the corresponding actions and claims against the evaluation approved by the actions and claims against the evaluation approved by the faculty. They are destroyed in accordance with the terms and conditions set forth in the regulations on the elimination of administrative documents of the UdL, and the documentary evaluation tables approved by the Generalitat de Catalunya (<http://www.udl.cat/ca/serveis/arxiu/>). The UdL will never communicate this data to third parties, except in cases that are strictly foreseen by the Law.

Interested parties may access their images; request their rectification, deletion, or portability; oppose the processing, and request the limitation, by writing to the address limitation, by writing to dpd@udl.cat. They may also file a complaint addressed to the Catalan Data Protection Authority, through the Authority's electronic headquarters (<https://seu.apd.cat>) or by non-electronic means.

Evaluation

Continuous assessment

The criteria to be followed for the evaluation are as follows

| | Evaluation system | Percentage of the mark |
|---|---|------------------------|
| 1 | Written test: questionnaire open-closed question, test or clinical case study | 50% |
| 5 | Work done by the student: written and/or oral presentation | 20% |
| 7 | Work done by the student: report, project or programme | 30% |

Attendance to the theoretical classes is voluntary, but it is advisable to attend in order to understand and work more correctly on the activities proposed in the seminars.

Attendance at seminars is compulsory. If the student does not attend 80% of the seminars, he/she will not be allowed to take the written exam.

In order to be able to calculate the weighted average of the marks obtained in the different assessment activities, it is mandatory that all of them are

passed with a mark of 5 individually.

Written test: Both the written test of the first and second call, will consist of 60 multiple-choice questions (4 possible answers, with only one correct answer, in which 0.25 points will be deducted for error). This evaluation test corresponds to **50% of the overall mark for the subject**.

The rest of the mark (50%) is divided into:

- Presentation of individual or group work, presentations and participation in seminars (**20% of the final mark**): The presentation and coherence of the work proposed in the different seminars will be assessed according to the heading.
- Community programme (**30% of the final mark**): whose guide will be available on the virtual campus and will be evaluated with the heading; it will be worked on throughout the semester in different seminars and with the support of the teachers.

JUSTIFICATION FOR ABSENCES THEORETICAL-PRACTICAL SUBJECTS

In relation to the justification of absences, the reasons for which the absence is considered to be justified will be the same as those set out in the Regulations for the assessment and qualification of teaching in the degrees and masters at the UdL for not attending the assessment tests scheduled in the teaching guide or on the website of the degree. For other situations arising from health, personal or family problems, the student will be allowed to change the day and make up the seminar during the week, if possible.

Requests for justification of absences that involve failure to attend an assessment test must be submitted on the same day of the absence. The justification for other absences must be presented at the latest within the following 10 days. In general, students will only be excused for their absence, but not for failure to fulfil their academic commitments.

Single assessment

| | Evaluation system | Percentage of the mark |
|---|---|------------------------|
| 1 | Written test: questionnaire open-closed question, test or clinical case study | 100% |

- Written test: Both the written test of first and second call, will consist of 60 multiple-choice questions (4 possible answers, with only one correct answer, in which 0.25 points will be deducted for error). This evaluation test corresponds to **100% of the overall mark for the subject**.
- Attendance to theory classes and seminars is voluntary and highly recommended.

Other information concerning the evaluation system:

- The coordinator of the subject will decide to assign the qualification of **Matrícula de Honor (honours degree)** according to the criteria set out in the current assessment regulations approved by the UdL whenever he/she deems it appropriate. In order to obtain this qualification, students must obtain an overall mark equal to or higher than 9. The number of MH may not exceed 5% of the number of students enrolled.
- Students have the right to have another opportunity to pass any assessment activity equal to or higher than 30% of the final mark in a subject or subject, except for the practicals of the subject.
- The teaching staff will offer students to participate and attend (with the corresponding presentation of a short abstract) at least one conference, community activity and events. This participation will add a total of **0.10 extra points** to the final overall grade of the course. This extra mark cannot be used to pass the course.
- Regarding the **plagiarism policy**: claiming authorship of work that is not your OWN is a fail.

Bibliography

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Web:

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